

TRAVEL RISK ASSESSMENT FORM – ideally to be completed by traveller prior to appointment.

Name:		Your country of origin:	
		Date of birth:	
		Male <input type="checkbox"/>	Female <input type="checkbox"/>
E mail:		Telephone number:	
		Mobile number:	
PLEASE SUPPLY INFORMATION ABOUT YOUR TRIP IN THE SECTIONS BELOW			
Date of departure:		Total length of trip:	
COUNTRY TO BE VISITED	EXACT LOCATION OR REGION	CITY OR RURAL	LENGTH OF STAY
1.			
2.			
3.			
What modes of transport will you be using? Have you taken out travel insurance for this trip? Do you plan to travel abroad again in the future?			
TYPE OF TRAVEL AND PURPOSE OF TRIP - PLEASE TICK ALL THAT APPLY			
<input type="checkbox"/> Holiday	<input type="checkbox"/> Staying in hotel	<input type="checkbox"/> Backpacking	<u>Additional information</u>
<input type="checkbox"/> Business trip	<input type="checkbox"/> Cruise ship trip	<input type="checkbox"/> Camping/hostels	
<input type="checkbox"/> Expatriate	<input type="checkbox"/> Safari	<input type="checkbox"/> Adventure	
<input type="checkbox"/> Volunteer work	<input type="checkbox"/> Pilgrimage	<input type="checkbox"/> Diving	
<input type="checkbox"/> Healthcare worker	<input type="checkbox"/> Medical tourism	<input type="checkbox"/> Visiting friends/family	
PLEASE SUPPLY DETAILS OF YOUR PERSONAL MEDICAL HISTORY			
	YES	NO	DETAILS
Are you fit and well today			
Any allergies including food, latex, medication			
Have you, or anyone in your family, had a severe reaction to a vaccine or malaria medication before?			
Tendency to faint with injections			
Any surgical operations in the past, including e.g. open-heart surgery, spleen or thymus gland removal?			
Recent chemotherapy/radiotherapy/organ transplant			
Anaemia			
Bleeding /clotting disorders (including history of DVT)			
Heart disease (e.g. angina, high blood pressure)			
Diabetes			
Additional needs and/or disability			
Epilepsy/seizures (or in a first degree relative?)			
Gastrointestinal (stomach) complaints			
Liver and or kidney problems			
HIV/AIDS			

1. Chiodini J, Boyne L, Grive S, Jordan A. (2007) *Competencies: An Integrated Career and Competency Framework for Nurses in Travel Health Medicine*. RCN, London.
 2. Field VK, Ford L, Hill DR, eds. (2010) *Health Information for Overseas Travel*. National Travel Health Network and Centre, London, UK.
- Travel risk assessment form devised by Jane Chiodini © 2012 in conjunction with resources below.

Any additional information

Malaria Tablets			
COVID-19 (dates, brand etc.)			
	Yellow fever	BCG	
	Rabies	Japanese encephalitis	Tick borne encephalitis
	Cholera	Hepatitis B	Meningitis
	Typhoid	Hepatitis A	Pneumococcal
	Tetanus/polio/diphtheria	MMR	Influenza
PLEASE SUPPLY INFORMATION ON ANY VACCINES OR MALARIA TABLETS TAKEN IN THE PAST			

Are you currently taking any medication (including prescribed, purchased or a contraceptive pill)?

DETAILS	NO	YES	
			Immune system condition e.g. blood cancer
			Mental health issues (including anxiety, depression)
			Neurological (nervous system) illness
			Respiratory (lung) disease
			Rheumatology (joint) conditions
			Spleen problems
			Any other conditions?
			Are you or your partner pregnant or planning a pregnancy?
			Are you breast feeding (if applicable)
			Have you or anyone in your family undergone FGM / been cut / circumcised