

What we can help you with:

- Finding care providers
- Befriending and Bereavement Services
- Funding support including Social Services
- Sensory Services (for hearing and sight)
- Contingency Planning
- Transport
- Dementia and Alzheimer's support
- Support for Carers
- Managing energy bills
- Shopping
- Activity centres
- Weight Management
- Foot care
- Meals on Wheels
- Safety in the home including security and fire safety
- Getting involved with your community
- General advice and information
- We can even help you to care for your pets!

What next?

If you would like a chat to find out more about what we can help you with please phone 01444 246123, email us at sxicb-wsx.browcc@nhs.net or call in and ask for:

Charlie Mulvaney

Alison Gilliam

Sam Campbell

Jacqui Figgins

We would really love to hear from you



YOUR CARE COORDINATORS

Who we are

How we can help you

 01444 246123

 sxicb-wsx.browcc@nhs.net

The Brow

Burgess Hill

West Sussex

RH15 9BS

Who we are

We are **your** care coordinators and we are here to help **you**. Our aim is to make sure that you feel supported and have access to the services that are right for you whenever you need them.

To give you an idea of how we can help you, these are some of the things that we can do:

- Put you in touch with an optician who has experience of people who have additional needs
- Arrange for volunteers to visit you at home, take you shopping, or just pop in for a cup of tea and a chat
- Refer carers to specialist support to help them look after their loved ones
- Arrange for extra aids to be fitted in your home
- Put you in touch with the various clubs, societies and voluntary bodies in the area

How we can help you

If you are living with a medical condition and need some additional support, whatever it may be, we are here to help you find it

Or

If you are a carer, looking after somebody, we are here to help you and the person you are caring for

It can be very hard and even daunting to try and find the right help and support

Sometimes it seems impossible. Let us help you find the right way by giving you information on the services available locally

Who we work with



Supporting the health and wellbeing of adults of all ages



... and many, many others!