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**NHS Training Practice**

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### Termination of Pregnancy Protocol for Young People

If you are pregnant - or think you are - you've probably got a huge number of questions and perhaps are unsure about what to do.

Whatever age you are, you have the right to a confidential (private) consultation with a doctor about the possibility of having a termination of pregnancy. When you see your doctor, explain that you don't want a parent or carer to be involved if this is the case.

If you tell the receptionist when you make your appointment that you would like a pregnancy test or to discuss pregnancy options they will ensure that you are seen by an appropriate doctor.

If you are given an appointment with a doctor who doesn't deal with terminations then this doctor will make it clear to you and arrange for you to see someone else immediately who is able to help. This means you will be seen by a doctor or nurse who can give you balanced information and who can support you in making the right decision for you.

If you are under the age of 16, you can have a termination of pregnancy if two doctors agree that you have good reasons under the termination of pregnancy laws. You don't need your parent or carer's consent, as long as the doctors believe:

- you understand the decision,

**and**

- it would be in your best interests to have a termination of pregnancy without your parent or carer's consent.

We'll treat everything you tell us in confidence. That means we will not tell anyone about your treatment without your permission. Doctors, nurses and health workers are not allowed to give out information about you without your consent unless they think you or another person is in serious danger.

Although we will not talk to your parents against your wishes, we do encourage you to tell a parent or another adult who you trust, so that they can support you through this time. Remember your doctor can also help you to break the news to your parent or carer if you feel that would be helpful.

If you don't want to see your own GP, you can get help from another agency, such as a local family planning centre

[www.nhs.uk/Services/clinics/Overview/DefaultView.aspx?id=1403](http://www.nhs.uk/Services/clinics/Overview/DefaultView.aspx?id=1403)

If you have any questions please ask a member of staff and they'll be happy to help.

# TEENAGE PREGNANCY CONFIRMED FLOW CHART FOR PRACTICE STAFF

