

# Community Larders: a weekly top up to your shop. Located in Sherborne, Stalbridge, Gillingham and Shaftesbury.

These are membership schemes, run in association with FareShare <a href="https://www.fareshare.org.uk">www.fareshare.org.uk</a> we aim to help people make their money go further by reducing food shopping bills.

Membership fees vary, depending upon the size of your household but will not exceed £5 a week, In return for which you will receive sufficient food to prepare three meals for each person in your household.

This is a shopping top-up service, not a foodbank. FareShare is an organization focused upon fighting food shortage and tackling food waste, with the clear vision that 'no good food goes to waste'.

# What members are saying:

79% report more balanced, healthy diets, 93% save money they can put towards other essentials, 88% feel less isolated.

# Less food going to waste:

In 2022-23, 91% of the food FareShare provided was surplus that otherwise would have gone to waste.

## Less waste of water and CO2e emissions:

For every tonne of food FareShare redistributes, they prevent the waste of 1.5 million litres of water and 1.6 tonnes of embedded CO2e emissions. SOURCE: <a href="https://www.FareShare.org.uk">www.FareShare.org.uk</a>

### FareShare - GetYours

For more information about a larder in your area email: FSSouthernCentral@fareshare.org.uk larder@guggletonfarmarts.com