

Romsey & North Baddesley PCN

RESEARCH NEWS July 2022

Welcome to the first addition of our research newsletter.

The aim of the newsletters are to inform you of the research we are carrying out across the three surgeries. This will help, not only to keep you updated, but also help to support your patients who are interested or actively participating in our research.

It will also allow us to share the learning from the research studies once they are complete, which will allow us to keep us all apprised of the most up to date knowledge.

WHY DO RESEARCH?

Most patient contacts start and end in primary care in the UK. Primary care has the full spectrum of diseases and representation of all types of people. Research in this area can therefore guide better practice, raise the quality and reduce variations in care.

On a personal level, due to research our patients can get access to innovative treatments, and we can ensure that as health care professionals our knowledge is cutting-edge. Our PANORAMIC study (trailing treatments for COVID in the community) randomised 54 patients to receive treatment they would otherwise be unable to access.

MEET THE TEAM

Dr Nicola Lester – GP Research Clinical Lead
Nicola started research at Abbeywell in July 2021, and set up the PCN research team in 21/22.

Mrs Tracy Whitfield – Research Facilitator
Tracy joined the team in January 2022 from UHS where she previously worked as a clinical trials assistant for the oncology research unit.

Ms Liane Armstrong – Senior Research Nurse
Liane will be joining the team from October, having had many years of experience in research at UHS she is moving to us for a new challenge.

CURRENT STUDIES



Active Brains

Active Brains is an interactive website for people age 60-85 designed to help with lifestyle changes and brain training activities that can help to keep the brain and body healthy. The study is to test if Active Brains works.



WAVE (Work and Vocational Advice Study)

In patients consulting in general practice who receive a fit note for time off work, does a brief vocational advice intervention lead to fewer days lost from work than usual primary care, and is it cost-effective?



STATIC (Stopping Aminosalicylate therapy in Inactive Crohn's Disease)

Crohn's disease patients in remission will be randomised to either continue 5-ASA therapy or withdraw treatment. The objective is to determine if stopping the 5-ASA is non-inferior to continuation of those medications.



Harmonie – starting in Sept

This study is looking at how strongly babies can be protected from serious illness due to RSV infection by giving them a single antibody dose during RSV season. The babies will be randomly assigned the antibody or a control and the babies are followed up to see if they get an RSV infection.

CONTACT US

We would love to hear from you or your patients

Email:

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Mobile: This is currently being set up for patients to be able to contact the research team directly.