

PARENT AND CARER MEETINGS NEW FOREST SPECIALIST CAMHS SERVICES

ASHURST CHILD & FAMILY CENTRE, LYNDHURST ROAD, ASHURST, SOUTHAMPTON, HAMPSHIRE, GU11 1AY

Hampshire Parent Carer Network (HPCN) in partnership with Hampshire CAMHS deliver monthly meetings across the county. This is a great opportunity to meet other parents & carers and hear about their lived experience, of supporting a child or young person with mental health and/or emotional difficulties. At meetings clinical experts deliver talks on a variety of topics. You are welcome to turn up no booking required. For further information please contact: marybaldwin@hpcn.org.uk

MEETING DATES, TIMES AND SPEAKERS:

Tues 13th September 2022 10am-12pm	Resources Projects Events Helen Dove, Hampshire CAMHS
Tues 11th October 2022 10am-12pm	Understanding Clinical Formulations, what is it and why we do it? Dr Joe Ibbitson, Hampshire CAMHS
Tues 8th November 2022 10am-12pm	CARE Workshop Dr Emily David, Hampshire Cultural Trust
Tues 6th December 2022 10am-12pm	Victim Support Kat Friend, Victim Support
Tues 10th January 2023 10am-12pm	ASC Dr Catherine Robson, Hampshire CAMHS
Tues 7th February 2023 10am-12pm	Managing Crisis Dr Jennie Eeles, Hampshire CAMHS
Tues 7th March 2023 10am-12pm	Cyber Safety for Young People Daniela da Palma, Police & Crime Cyber Ambassador
Tues 9th May 2023 10am-12pm	Thinking Beyond the Behaviour Evelynn Tan, Hampshire CAMHS
Tues 13th June 2023 10am-12pm	ADHD Lizzie Christie, Hampshire CAMHS
Thurs 11th July 2023 10am-12pm	Eating Disorders Andrea Cox, Hampshire CAMHS