



# Drop-In Sessions

@ St Barbe Cafe\* 3pm - 4.30pm

Tuesday 30th January    Tuesday 27th February    Tuesday 26th March

Tuesday 30th April    Tuesday 21st May    Tuesday 25th June

**No appointment needed, just turn up...**  
**A listening ear and a space to talk!**

Young People's Wellbeing Service available to 11-18 year olds registered at New Forest PCN surgeries:

Milford Medical Centre    Wistaria Surgery    Chawton House Surgery

Lyndhurst Surgery    New Forest Central Medical Group



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[www.newforestpcn.co.uk](http://www.newforestpcn.co.uk)

\*St Barbe Museum Café, 15 New Street,  
Lymington.