

Together we will:

- Discuss the problems you are facing
- Explore what is important to you
- Agree your goals
- Find local activities and services
- Help you access them

How to contact the Social Prescribing Link Worker:

**Speak to a member of the
Surgery team who can refer you to
the social prescribing service**

Social Prescribing Service



DOING THINGS DIFFERENTLY

For better health and wellbeing