## Dementia Support Clinic at Marcham Road Health Centre

## First Tuesday of the month 1pm-5pm

A clinic for everyone with dementia and their carers and families to meet their Dementia Adviser and get information and support on:

- What dementia is and how to support someone with dementia
- Local services to support you
- Staying independent and adaptations for your home
- Benefits and allowances for those with dementia and their carers
- Additional support and respite breaks for carers
- Activities and leisure opportunities
- Planning for the future and financial and legal issues

To book your 20 minute appointment with the Dementia Adviser, Gilly Fishleigh please call 01235 522602.



