



Active Recovery

A partnership between Leeds City Council (LCC) and Leeds Community Healthcare NHS Trust (LCH)

What is Active Recovery?

Our aim is to create a health and social care short term community rehabilitation and reablement service for Leeds.

This involves combining the resources of LCC Skills Reablement Service and LCH Neighbourhood Teams to create a multi-disciplinary service delivery model. This will be available when the need is identified, whether the person is at home, in a community or a hospital bed. These services have around 800 staff between them, working seven days a week, supporting over 7500 people.

• What does this mean for me as a member of staff?

Between our two services we have around 800 staff, supporting over 7,500 people, 7 days a week. This work is new for us all - an opportunity for a true partnership between our organisations. We expect that Active Recovery will support closer joint working in how we deliver services, and how we support staff development.

We want to work with you and hear your ideas on how we can best deliver our services to meet the needs of the people we support and our workforce, building on what works well. We will also work with you on implementing any changes we agree.

• What does this mean for people who will receive care?

Building on what already works well we are aiming to:

- **Increase access** for people to short term community rehabilitation and reablement.
- **Improve co-ordination** and reduce confusion about which service is doing what.
- **Provide responsive** home-based, person-centred, co-ordinated care and treatment to enable people to maximise their independence and/or recover from illness or injury.
- **Improve people's outcomes** so they can live at home, safe and well in their communities for longer.
- **Reduce dependency** on long term services, delay possible admission to long term care and reduce hospital admissions and A&E attendance.

Active Recovery is part of how Leeds will develop our services in line with national guidance and local priorities, with a focus on supporting people in their own homes.

• What next?

- Our first key priority is to make it easier and quicker to access our services when people need it by creating a single point of access and single allocation/referral process, starting from October.
- We have begun thinking about how this could work - the next step will be to test this thinking out with the people involved and work out how we make the changes happen together.
- We will shortly be sharing with you the initial ideas for what this could look like and asking for your thoughts and feedback.

Contacts for further information

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