# PATIENT PARTICIPATION GROUP MEETING

Monday 16<sup>th</sup> November 2015 7pm at Staunton-on-Wye Surgery

# **MINUTES**

**ACTION** 

- **1. In attendance:** John Allen, Anthony Barraclough, Maria Haines, Brenda Havard, Patrick James, Raymond Jones, Andrew Kerfoot, Bill Montague, Kristine Stevenson, Sarah Pithouse, Oliver Penney
- 2. Apologies: Michele Petrie, Michael Phillips, Gladys Henesey, Alex Davies

# 3. Parking

OP

The Practice is aware that parking at the surgery is an issue. Once the building work is complete, there will be parking for the disabled but most patients will need to park at the village hall and walk down. Practice staff are already parking at the village hall. It was asked if the grassed area at the front of the surgery building could be turned into a drop off zone. OP will look into this. Concerns were raised over pharmaceutical vehicles sometimes blocking access to the disabled slope opposite the surgery, the surgery will monitor this.

## 4. Building Update

The works are progressing well and all agreed that the new extension blends well with the other buildings. OP explained that whilst things are difficult at the moment, the new consulting rooms will enable the practice to train more GP registrars in the future and also help facilitate our community colleagues. We are aware that there are a lack of appointments at the moment and we have looked into holding additional sessions at Staunton, however, this is not currently possible due to staffing levels.

#### 5. CRP Research

OP shared a study he has been carrying out on patients who come to the surgery with a cough. He used a finger prick blood test on a special machine which measures a protein called CRP. This helped to tell him if it was a viral or bacterial infection and therefore whether or not antibiotics were necessary. Overall only 13 out of 99 patients needed antibiotics at their first visit. The message therefore is that less than 1 in 5 patients who come to the surgery with a cough need antibiotics. OP explained that the more we use antibiotics, the greater the chance that bacteria will

become resistant to them so that they no longer work on our infections. This is what has happened in India where antibiotics are available to buy.

OP also shared a leaflet entitled Treating Your Infection. This leaflet listed common infections and gave an indication on how long they usually last, how to treat yourself and when you should get help.

All agreed that both items were extremely informative and beneficial. OP asked for feedback on the layout and it was suggested that both could be shortened, be in larger print and be bullet pointed. OP welcomed the feedback and will update the sheets with this in mind. Kristine Stevenson kindly offered to feedback on the updated sheets. It was suggested that as well as being on display in the surgery and on the Practice website, the updated leaflets could be distributed with prescriptions, be put in the surgery newsletter, the Village Pump and distributed in schools via children's book bags.

### 6. Nominations for Chairperson

A PPG chairperson is needed. SP will send out an email asking for nominations. The PPG will then vote and elect a chairperson.

SP

#### 7. Any other Business

**Update on Youth Counselling** – SP recently contacted Weobley school and was impressed by the counselling provisions offered. There is an excellent pastoral care service with monthly meetings identifying pupils who may benefit from counselling. All pupils are given a planner at the start of the school year which has information at the front on where to go for advice. The school has its own counsellors and is also signed up to Keep Kids Safe which allows pupils to text the school if they need help or advice and school staff can respond via text.

**PSA Testing** – It was asked if we routinely offer the over 70s a PSA test. This is a test which can give an early indication of prostate cancer. We do not routinely offer this test. Whilst it is available to those who want it each patient needs to have a discussion with their doctor about the pros and cons of testing before deciding to go ahead with it.

#### **Taurus**

There was some discussion around appointments at the extended hours hubs. OP explained that feedback from patients is good and that they are working well.

#### **Reviews and Management of Long Term Illnesses**

OP clarified that if a patient is fit and well, a medication review is simply that; a review of their medication. A discussion followed around the management of long term illnesses. OP explained that the management of long term illnesses has changed dramatically over the past 25 years and patients now have a much more intensive follow up and are seen twice as much as they used to be.

#### 8. Date of Next Meeting

Monday 22<sup>nd</sup> February 2016