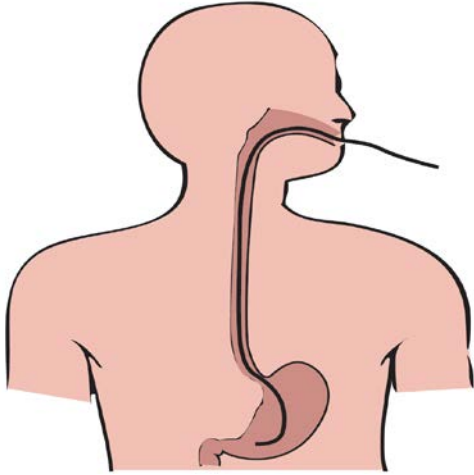


Going For an Endoscopy



Easy Read Booklet

What is an Endoscopy?



An endoscopy is a test that checks if your tummy is healthy.



A small camera is put in your mouth, down to your tummy.



An endoscopy is done at hospital. Usually you can go home the same day.

Before you go

Before your appointment you might need to



- Stop eating **4 hours** before your appointment.



- Stop drinking **2 hours** before your appointment. You can have small sips of water.



The doctor or nurse will tell you about this before your appointment.

What happens at my appointment?



When you get to hospital, you will have to change into a gown.



You will be given a spray or a sweet to suck.
This will make your throat numb so you can not feel your throat.



You might be given a jag in the back of your hand.
This will make you feel sleepy.



The doctor will gently put the camera in your mouth, then down your throat.



You will feel the camera blowing air into your tummy.
This will make you feel full up and you might burp.
This is normal so don't feel embarrassed.



It might feel strange or sore.
You can ask the doctor to stop.



The doctor will talk to you about the test results.



Then you can usually go home.



You will feel sleepy after the hospital. It is important to avoid alcohol for the rest of the day.