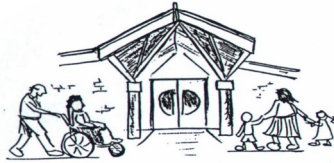


MORTIMER MEDICAL PRACTICE NEWSLETTER

October 2023

Issue No. 60



We have had a busy summer and would like to thank everyone for their support including your PPG. They have brought your concerns and ideas to the forefront, and we continue to appreciate the contribution they make in shaping our service for the future.

It's that time of year again when we roll out the Flu and COVID Vaccination Programme. Find out more below. We have added all the information on who is entitled to a flu and /or COVID vaccination on our Website and Facebook page. If you are concerned or cannot access the internet please call reception and they will look at the criteria for you.

Practice News

- ⇒ 'Friends of Mortimer Charity' Committee will be hosting a Pop up Fashion Show Tuesday 17 October at the Coronation Hall in Kingsland.
- ⇒ We are saying goodbye to Dr Nancy Bray this month. We wish her luck with her studies and qualifying as a GP.
- ⇒ We have welcomed Dr Kathy Lewis who is placed with us for a short time whilst training as a GP. She will be back next year.

Primary Care Network (PCN) Initiatives

- ⇒ Extended access appointments available outside surgery opening times. Tenbury has now been added to locations.
- ⇒ Working with the PCN rolling out the COVID vaccinations.

2023/24 Flu Vaccination Programme

Following Department of Health guidance we had to move our Clinics until October. Guidance has since changed again but we took the decision not to disrupt our patients again so the clinics are as follows:

- ⇒ Leintwardine 07 October
- ⇒ Orleton 14 October
- ⇒ Kingsland 21 October

More Appointments released!

If these dates don't suit please speak to Reception we are currently working on additional clinics.



Health Message



You may not always need antibiotics

Antibiotics are used to treat or prevent some types of bacterial infection. They kill bacteria or prevent them from reproducing and spreading.

Antibiotics **aren't effective** against viral infections. This includes the common cold, flu, most coughs and sore throats

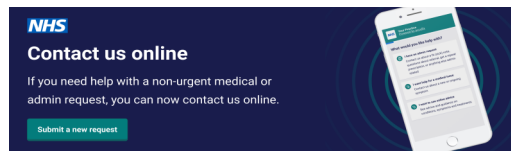
Appointment Access

In addition to the practice's normal opening hours you can also book an appointment in the evenings and weekends. This will be with Taurus Healthcare and may be with a different GP or nurse than you are used to. Clinics are held in Hereford, Leominster Kington and Weobley.

These appointments are all pre-bookable by contacting the surgery during our opening times – please ask for an extended access appointment.

Herefordshire Remote Health (HRH)

To help support the demand on appointments in the surgery, we have been allocated a number of telephone appointments per day with specific criteria to refer to. The Reception may suggest that they navigate you to those appointments. You do not have to do anything we will book you in with a clinician and they will call you on the number you leave. During the consultation you may be asked to bring in a sample to the surgery, you may be prescribed medication to collect from your normal Pharmacy/Dispensary, or they may feel you need a face to face appointment and ask you to book in with a GP here at the surgery.



Speak to Reception for more information to access online help

Surgery Closure

The surgeries and dispensaries will be closed on the afternoon of the **18 January 2024** from 12pm and re-open 8am(8:30 Branches). This is for essential training. There will be a Receptionist available for urgent calls until 6pm and dial 111 as normal after 6pm.

Repeat Prescriptions

Please allow **72 hours** for your repeat prescription to be ready (does not include weekends and Bank holidays) It needs to be dropped off before 2pm (Mon-Fri) to guarantee the 72 hour turn around.

If you order online, please indicate which surgery you would like to collect from.

Dispensary is **closed** Saturdays, Sundays and Bank Holidays.

Bank Holiday Closures 2023/24

Christmas Bank Holiday 25 and 26 December 2023

May Bank Holiday 06 May 24

New Years 01 January 2024

May Bank Holiday 27 May 24

Easter 29 March– 01 April 2024

August Bank Holiday 26 August 24

For Urgent care please call 111 at weekends and Bank Holidays

Visit our website or join our Facebook group to receive up-to-date information about the practice and what is happening.

The Website is; mortimer.gpsurgery.net **Or** Search Facebook for 'Mortimer Medical Practice'