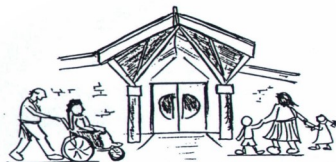


MORTIMER MEDICAL PRACTICE NEWSLETTER

July 2023

Issue No. 59



We would like to thank all our patients for their continued support. The spring COVID booster campaign, despite it being cut back to very specific cohort of people, was successful and we would like to thank all those who participated.

We wish you all have a healthy summer and we will return with our next edition of the Newsletter in September 2023.

Practice News

- ⇒ **'Friends of Mortimer Charity' Committee will be hosting a Coffee Morning Tuesday 04 July at Kingsland surgery 10am-12pm**
- ⇒ **We welcomed this month Dr Hemson, Anita Sharrad our new Practice Nurse and Christine Downing on Reception.**

Primary Care Network (PCN) Initiatives

- ⇒ We have Laura who is a paramedic employed by the PCN working with us in surgery on a Monday. Her role will involve visiting our Housebound patients and looking at their needs.

2023/24 Flu Vaccination Programme

This year we are hoping to start the programme a little earlier. We aim to have the invitations sent out and clinics open for booking early in August. With the success of last year and improvement to waiting times and traffic congestion, we will be running appointment only clinics, so please do not turn up as we won't be able to squeeze you in. These are the proposed dates (depending on delivery)

- ⇒ Leintwardine 23 September
- ⇒ Kingsland 30 September
- ⇒ Orleton 14 October

We do not yet know if COVID boosters will be delivered at the same time.



Health Message



You may not always need antibiotics

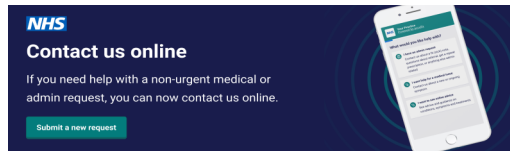
Antibiotics are used to treat or prevent some types of bacterial infection. They kill bacteria or prevent them from reproducing and spreading.

Antibiotics **aren't effective** against viral infections. This includes the common cold, flu, most coughs and sore throats

Making an Appointment: Please do not be offended

Our Reception staff will ask what your symptoms are or why you need an appointment. This is strictly confidential and is to establish the following:

- ◆ To ensure they book you in with the correct clinician.
- ◆ How long the appointment will take.
- ◆ If the clinician needs to make any arrangements (equipment, assistance, reserve a certain room)
- ◆ If the clinician needs to do any research in advance. (Maybe you're coming back because the previous treatment didn't work, in this case he needs to think about a new treatment.)
- ◆ If it's likely they'll need something from you (urine, blood test etc) they might inform you about this too. Especially if it's a follow up appointment.



Speak to Reception for more information to access online

Surgery Closure

The surgeries and dispensaries will be closed on the afternoon of the **20 Sept 2023** from 12pm and re-open 8am(8:30 Branches) 21 Sep 23. This is for essential training.

Hayfever Medication

The NHS is no longer prescribing medication for Hay Fever.

Items that were prescribed are available from pharmacies and many supermarkets.

Repeat Prescriptions

Please allow **72 hours** for your repeat prescription to be ready (does not include weekends and Bank holidays) It needs to be dropped off before 2pm (Mon-Fri) to guarantee the 72 hour turn around.

If you order online, please indicate which surgery you would like to collect from.

We are now asking patients to sign for their prescription again following the suspension during COVID.

Dispensary is **closed** Saturdays, Sundays and Bank Holidays.

Bank Holiday Closures 2023/24

Summer Bank Holiday: 28 August 2023

Christmas Bank Holiday :25 and 26 December

New Years Day 01 January 2024

For urgent care call 111

Visit our website or join our Facebook group to receive up-to-date information about the practice and what is happening.

The Website is; mortmer.gpsurgery.net **Or** Search Facebook for 'Mortimer Medical Practice'