

# Important Information for patients about your **'Two Week Wait' CUP/MUO** Referral

Your GP has made a two week wait referral to Wye Valley NHS Trust.

**You now need to telephone the Referral Management Centre at Hereford County Hospital on (01432) 383100 and select Option 1 to book your appointment.**

To avoid unnecessary delay in managing your referral, please ensure the following:

- Your GP has your correct contact details including home address and preferred contact number such as mobile telephone number.
- You are available over the **next 14-days** to accommodate telephone consultations, appointments and/or investigations/tests.

## **Cancer of Unknown Primary (CUP)**

Cancer of unknown Primary is a term used when a cancer has been diagnosed but the original (or primary) place where the cancer started cannot be found.

The process for investigations for cancers of unknown primaries can take longer as more tests may be required to find out where the cancer came from.

CUP is sometimes known as metastatic **malignancy of unknown origin (MUO)**

### **What happens next?**

- You will be allocated an appointment by the referral management centre to see a member of the CUP team. It is important you are able to attend the appointment.
- You will receive a physical examination to look for signs of cancer
- You may have some blood taken for testing
- The clinician will decide if you need any further tests

Under the General Data Protection Regulation and the Data Protection Act 2018 we are responsible for maintaining the confidentiality of any information we hold about you. If you or your carer need information in a different format, such as large print, braille or audio, due to disability, impairment or sensory loss, please advise a member of staff and this can be arranged.

## Investigations which may be needed for CUP:

Scans: Xrays, CT scans, MRI scans or PET scans.

Biopsy: A small piece of tissue will be taken from a tumour using a needle. This is one of the most important tests and can help show what type of cancer you have. It may not always be possible to biopsy the tumour if it is in a difficult area of the body to reach, or if the risks of the biopsy outweigh the benefits.

Blood tests: Blood tests can help detect substances in your blood called tumour markers, which are made by some cancers.

Your care will be led by the specialist CUP Service at Wye Valley Hospital in Hereford. The CUP service consists of a Lead Medical Consultant and Cancer Nurse Specialists/ keyworkers based at Wye Valley Trust. Hereford County Hospital. They can be Contacted on 01432 372966 (Bleep 242).

Useful Information;

<https://www.macmillan.org.uk/cancer-information-and-support/cancer-of-unknown-primary>

<https://cupfoundjo.org/>

## Making the most of your specialist appointment

Before your specialist assessment you may find it helpful to consider and write down on a piece of paper the following:

- What symptoms you have – how long have you had them, is there any pattern associated with them.
- Anything you are particularly worried about, which you may want to discuss with the specialist.
- Any other questions you would like to have answered during your assessment such as what happens next, what are my options?



## It's Your Health and Your Conversation, so.....

- It's okay to ask your specialist to explain things differently, explain things again, or to write down information.
- It's okay to ask questions to make sure that you fully understand the benefits and risks of any next steps the specialist recommends.
- It's okay to ask for details of who to contact if you have any further questions after you leave.
- It's okay to ask for more information such as leaflets, websites etc.

## **Due to Covid-19 things are being done a little differently.**

Due to the Covid-19 pandemic we are doing things differently. The Trust has worked hard to ensure systems are in place to maintain a safe environment for patients and staff. If you are required to attend the hospital for an appointment please:

- Do not arrive more than 15 minutes early for your appointment and do not bring anyone else with you unless it is absolutely necessary.
- Wear a face covering at all times, a surgical mask may be provided for you upon entry to the hospital or clinic (unless you are exempt from wearing a face covering/mask).
- Follow the one-way foot-traffic systems as outlined throughout the hospital/clinic and ensure that you observe social distancing guidelines in waiting areas.

**Please do not** enter a hospital or clinic building if any of the following apply to you:

- You have any of the symptoms of Covid-19; or
- You have had a positive test result within the last 10 days; or
- You have recently come into close contact with someone who has symptoms or has tested positive for Covid-19.

If this is the case, please contact the hospital to rearrange your appointment.

### **How to provide feedback**

Our aim is to provide a quality of care we would want for ourselves, our families and friends. If there was anything that we could have done please let us know via the department/ward staff or the patient experience team available Monday to Friday, 8.30am to 5pm, on 01432 372986 or email [PALs@wvt.nhs.uk](mailto:PALs@wvt.nhs.uk)

This leaflet is available in large print, Braille, Audio tape or other languages upon request. Please contact patient experience team on the above telephone number.

### **Would you recommend our service to your Friends and Family?**

Our staff members are required to ask you if you would recommend our service to family and friends. Your feedback will help us to improve the care and treatment we provide.