

DEMENTIA ACTION WEEK

13th - 19th MAY 2024

All events are **FREE** and dementia friendly
Funded by a generous donation from Rosedale Retirement Home

COFFEE MORNING
Monday 13th May 10am

**Rosedale Retirement Home,
Ashfield Crescent**
To book email:
rosedalecare@outlook.com
or call: 01989 218082/07985 367107

**TAI CHI MOVEMENTS FOR
WELLBEING**
Tuesday 14th May 10am

**Ross Community Garden, Old
Gloucester Road**
Refreshments afterwards
To book email:
tim.shelley@haygrove.co.uk
or call: 07972 624378

**"ALL GOD'S CHILDREN" - A SERVICE
OF MUSIC, READINGS AND PRAYER**
Wednesday 15th May 11am

St Mary's Church
Refreshments after the service
No booking required
For info contact Derek Glover on: 01989
565167

TEA DANCE
Thursday 16th May 1pm -4pm

**Tudorville and District Community
Centre, Walford Avenue**
Hosted by Ross Meeting Centre
To book email:
rossmeetingcentre@gmail.com
or call Elaine on: 07506 992971

**SLIPPER FOOTBALL WITH ROSS
JUNIORS FC**
Friday 17th May 12pm

**Tudorville and District Community
Centre, Walford Avenue**
Refreshments afterwards
No booking required
For info contact Elaine on: 07506
992971

COFFEE MORNING SING-A-LONG
Saturday 18th May 10am

**West Bank Residential Home,
Walford Road**
To book email:
activities.westbank@bucklandcare.co.uk
or call: 01989 562741

MARKET STALL
Saturday 18th May from 10am

Come and learn more about how Ross-
on-Wye is becoming a dementia friendly
town and how you can help
For more information
call Elaine on: 07506 992971

**SING-A-LONG WITH THE PHOENIX
SINGERS**
Sunday 19th May 2pm - 4pm

**Tudorville and District Community
Centre, Walford Avenue**
Refreshments included
No booking required
For info contact Elaine on: 07506
992971