

Kingstone surgery newsletter Feb 2024

This month here at The Surgery we have been musing a lot of the Marvelousness-Of-Neighbours. Here we witness the kindness of neighbours to each other every day. We feel lucky to work in a community where people look out and care for one another.

More prosaically: **MOBILE NUMBERS**. If you have a mobile phone- please make sure we have your number on file. Increasingly we send text messages to invite you to book appointments. This spring there is likely to be another (small and highly targeted) **Spring COVID vaccination program** for those who are in the absolute highest risk category, and we would like to invite those eligible to book by text message. There will be a link in the message to be able to book directly. This is a secure link, so you do not need to be cautious about clicking on it. However, thirty percent of our patients still have no mobile number on file.

On the topic of vaccines, **MEASLES** is on the rise in the west midlands. IT is NEVER too late to have the 2 doses of the vaccine, and if you think you may have missed a dose (or two) please let us know and we can check and if necessary, start the course. The first vaccine confers 90% protection. With the second, this increases to 99%

Thinking of children and health, nurse Sonia Trickett has decided to focus on reading to children on her February health notice board in the waiting room. This was inspired by the Kingstone Charitable Trust kindly buying us some new children's picture books (wipe-cleanable ones) for the waiting room. This has led to some fun conversations as we have been sharing our childrens, neice-phews and grandchildren's favourite books with eachother. With huge thanks to the Kingstone Charitable Trust. We hope you enjoy them.

Lastly, after a wonderful hanging of local artist Barbara Shaw's textile art in the waiting room we now have a lovely selection of work by (again, local artist) Sandra Reynolds. Sandra also runs the Clehonger Art Group which is open to all. [Art Group at Clehonger Hall \(clehongervillagehall.co.uk\)](http://clehongervillagehall.co.uk)