



# Pershore Medical Practice

## Patient Newsletter – October 2024

[www.pershoremedicalpractice.co.uk](http://www.pershoremedicalpractice.co.uk) Tel: 01386 553346

### Partners:

Dr Paul Ferenc  
Dr Kate Moore  
Dr Catherine Mann  
Dr Jade Elliott  
Natasha Beynon-Brown (ANP)

### Doctors:

Dr Emma Axon  
Dr Ella Bosmith  
Dr Bruno Onyeagoro  
Dr Anita Patel  
Dr Disha Sinha  
Dr Salman Ali  
Dr George Williams GP Registrar  
Dr Lucy Westwood GP Registrar

### Surgery Opening Hours:

Monday to Friday 8am – 6.30pm

### Dispensary opening Hours:

Monday to Friday 8am – 1pm and 2.30 pm – 5.30pm.

If you find yourself unable to attend an appointment, please notify the surgery as soon as possible. This will enable us to use this time for other patients. Thank you.

### **What were staff doing in September at the Practice?**

Reception answered 3481 calls

Dispensary issued 11717 medications

We received, read, actioned & filed 2251 tests

We offered 6463 appointments

We received, read, actioned and filed 3532 letters for patients

Sadly, we had **155** appointments wasted due to DNA's



### **Quit smoking this October.**

Join 2.5 million people who've been inspired to quit smoking in October. Staying smoke free for 28 days and you're 5 times more likely to quit for good. For the right support, quitting is easier than you think...

[Quit smoking this Stoptober - Better Health - NHS \(www.nhs.uk\)](http://www.nhs.uk)

**National Cholesterol month** Almost half of UK adults have raised cholesterol, which can lead to heart disease. Find out about cholesterol and how you can improve your cholesterol levels [HEART UK - The Cholesterol Charity](http://www.heartuk.org.uk)



Would you like to be more involved in your GP surgery?

## Ask about joining the Patient Participation Group



### **Patient Participation Group**

We are actively seeking patients to represent our patient population and join our Patient Participation Group to improve communication, share views and develop patient care and services at Pershore Medical Practice. Anyone who wants to make a difference is welcome to apply.

Interested? Can you help?

Please contact Reception for more information...

Find us on Facebook



and Instagram



## Our next NHS App hub session will take place on Friday 1 Nov, 9 til 12.

We can help you set up the App, show you how to view your health record, see recent test results and order repeat prescriptions all from the comfort of your own home. Please bring your selected smart phone or tablet and a form of identification to confirm your identity for setting up the App.



### MISSED APPOINTMENTS

There were 155 missed appointments last month. If you can't make your appointment, please cancel using any of the following options:

- Call the surgery and click option 2. This is called the "check and cancel" option. You will be able to easily cancel your appointment without having to wait in a queue.
- Cancel your appointment via the NHS app or your Patient access.
- All patients with a valid mobile number will receive a text message reminder. When you receive this there will be a link you can follow to simply cancel your appointment. (If you are unsure if we have your correct or up to date number, please speak to a member of the reception team).
- If you are popping into surgery or walking by, you can cancel your appointment at the reception desk.
- Alternatively, if you cannot use do any of the above, please call the surgery and speak to a member of the reception team.

**RSV Vaccine.** Many are unaware of the respiratory illness 'Respiratory Syncytial Virus', which causes thousands of hospitalisations each year in babies under 1 and older adults aged over 75.

Women will be invited for the RSV vaccine for every pregnancy, and older adults who turn 75 will be invited soon after their 75th birthday. For the first year of the programme there will be a catch-up campaign, inviting all those aged 75-79 and those turning 80 between 01/09/2024-31/08/2025 for their vaccination.

You can have the RSV vaccine from week 28 of your pregnancy Having the RSV vaccination in pregnancy reduces your baby's risk of severe RSV lung infections by around 70% in the first 6 months of life.

You'll be offered the RSV vaccine once you turn 75 RSV can cause pneumonia and other life-threatening conditions in older adults, with thousands needing hospital care every year.



**Herefordshire and Worcestershire Integrated Care System** **NHS Herefordshire and Worcestershire**

### Your prescription 7 days from order to collection

It takes a minimum of 7 days for your pharmacy and GP surgery to prepare repeat prescriptions from order to collection.

Day 1: Order your prescription online  
Day 2-3: Prescription checked and sent to pharmacy  
Day 4: Prescription prepared by pharmacy  
Day 5: Prescription dispensed  
Day 6: Prescription dispensed  
Day 7: Collect your prescription

Order repeat prescriptions on the NHS App

## Ordering your prescriptions for Christmas

With people starting to make lists ready for the festive season, don't forget to add ordering your prescriptions to it!

Use the NHS App or use the paper repeat prescription which comes inside your bag and pop it straight in the box on the Dispensary desk or use the white post box next to the vending machine.

No need to amend your usual order as we are only shut on Christmas Day, Boxing Day and New Years Day.

Please order early to avoid unnecessary delays or stress.

You can **download our latest newsletter** by visiting our website

[www.pershoremedicalpractice.co.uk](http://www.pershoremedicalpractice.co.uk)

To **receive future editions** of the Newsletter straight to your inbox, use the 'sign up' feature.

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