



Pershire Medical Practice

Patient Newsletter – November 2024

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Partners:

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Doctors:

Dr Emma Axon
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Dr Anita Patel
Dr Disha Sinha
Dr Salman Ali
Dr George Williams GP Registrar
Dr Lucy Westwood GP Registrar

Surgery Opening Hours:

Monday to Friday 8am – 6.30pm

Dispensary opening Hours:

Monday to Friday 8am – 1pm and 2.30 pm – 5.30pm.

If you find yourself unable to attend an appointment, please notify the surgery as soon as possible. This will enable us to use this time for other patients. Thank you.

What were staff doing in September at the Practice?

Reception answered 4195 calls
Dispensary issued 15772 medications
We received, read, actioned & filed 2775 tests
We offered 12680 appointments
We received, read, actioned and filed 4284 letters for patients
Sadly, we had **155** appointments wasted due to DNA's



Please note – There is no need to amend your usual prescription order.

We are only shut on Christmas Day, Boxing Day and New Years Day.

Please order early to avoid unnecessary stress and delays.

Use the NHS App or use the paper repeat prescription which comes inside your bag and pop it straight in the box on the Dispensary desk or use the white post box next to the vending machine.

If you are a dispensing patient, sign up to our vending machine and pick up 24/7

National Cholesterol month Almost half of UK adults have raised cholesterol, which can lead to heart disease. Find out about cholesterol and how you can improve your cholesterol levels [HEART UK - The Cholesterol Charity](#)

Movember is responsible for thousands of moustaches on men's faces as they aim to raise funds and awareness for men's health.

More information can be found here: [Movember - Changing the face of men's health](#)

International Men's Day in the UK is on **19 November every year**

The **three core themes** for International Men's Day in the UK which are used every year to help maximise participation are:

- Making a positive difference to the wellbeing and lives of men and boys
- Raising awareness and/or funds for [charities](#) supporting men and boys' wellbeing
- Promoting a positive conversation about men, manhood and masculinity



Find us on Facebook



and Instagram



Would you like to be more involved in your GP surgery?

Ask about joining the Patient Participation Group



Patient Participation Group

We are actively seeking patients to represent our patient population and join our Patient Participation Group to improve communication, share views and develop patient care and services at Pershore Medical Practice. Anyone who wants to make a difference is welcome to apply.

Interested? Can you help?

Please contact Reception for more information...

Our next NHS App hub session will take place on Friday 6 Dec, 9 til 12.

We can help you set up the App, show you how to view your health record, see recent test results and order repeat prescriptions all from the comfort of your own home. Please bring your selected smart phone or tablet and a form of identification to confirm your identity for setting up the App.



MISSED APPOINTMENTS

There were 155 missed appointments last month. If you can't make your appointment, please cancel using any of the following options:

- Call the surgery and click option 2. This is called the "check and cancel" option. You will be able to easily cancel your appointment without having to wait in a queue.
- Cancel your appointment via the NHS app or your Patient access.
- All patients with a valid mobile number will receive a text message reminder. When you receive this there will be a link you can follow to simply cancel your appointment. (If you are unsure if we have your correct or up to date number, please speak to a member of the reception team).
- If you are popping into surgery or walking by, you can cancel your appointment at the reception desk.
- Alternatively, if you cannot use do any of the above, please call the surgery and speak to a member of the reception team.

RSV Vaccine. Many are unaware of the respiratory illness 'Respiratory Syncytial Virus', which causes thousands of hospitalisations each year in babies under 1 and older adults aged over 75.

Women will be invited for the RSV vaccine for every pregnancy, and older adults who turn 75 will be invited soon after their 75th birthday. For the first year of the programme there will be a catch-up campaign, inviting all those aged 75-79 and those turning 80 between 01/09/2024-31/08/2025 for their vaccination.

You can have the RSV vaccine from week 28 of your pregnancy Having the RSV vaccination in pregnancy reduces your baby's risk of severe RSV lung infections by around 70% in the first 6 months of life.

You'll be offered the RSV vaccine once you turn 75 RSV can cause pneumonia and other life-threatening conditions in older adults, with thousands needing hospital care every year.



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