

## Fownhope Medical Centre: Travel vaccinations

1. Firstly, you need to consider vaccinations at least 8 weeks before you are due to travel, as some jabs need to be given well in advance in order to be effective.

The following websites provide information about which vaccinations are advisable in different areas of the world;

[www.fitfortravel.nhs.uk/](http://www.fitfortravel.nhs.uk/)

[www.travelhealthpro.org.uk](http://www.travelhealthpro.org.uk)

Your travel company may offer advice or you can call one of the private clinics below.

2. We can give you a print out of your immunisation history for information if you need to check what vaccinations you've had in the past.
3. The following vaccinations can be provided free on the NHS

NHS vaccination	How often should it be renewed for travel?
Diphtheria, polio and tetanus (combined booster)	Every 10 years – following initial course of 5 vaccines.
Typhoid	Every 3 years - if needed for travel
Hepatitis A	Every 25 years – following 2 initial vaccinations.

These vaccines are usually free because they protect against diseases thought to represent the greatest risk to public health if they were brought into the country.

**If you need any of the NHS vaccinations listed above, or you are missing routine vaccinations please complete the form attached and book an appointment with a Practice Nurse. Vaccines may need to be ordered so please give us advance notice.**

4. There are travel vaccinations which are **not** provided free on the NHS. These include: Rabies, Hepatitis B, Japanese Encephalitis, Tick borne Encephalitis, ACWY, Yellow Fever and Malaria.

You will need to arrange these privately. These private clinics provide a service;

**MASTA Travel Clinic - Lloyds Pharmacy [www.masta-travel-health.com](http://www.masta-travel-health.com)**

Barnett Way  
Barnway  
Gloucester  
GL4 3RT

**0330 100 4106**

**BOOTS Pharmacy – Worcester** [Book online for Boots at www.boots.com](http://www.boots.com)

72-74 High Street

Worcester

WR1 2EU

**BOOTS Pharmacy - Cheltenham**

197-199 High Street And 12-15 North Street,

Cheltenham

GL50 1DB

For further information about immunisations visit:

[www.nhs.uk/conditions/travel-vaccinations/](http://www.nhs.uk/conditions/travel-vaccinations/)

**ASDA Pharmacy offers a Malaria prevention service, including anti-malarial medication.**

ASDA Pharmacy

Belmont Road

Hereford

HR1 7JE

**01432 346300**