

Starting Well Partnership South Worcestershire: Parenting and Community Teams

Starting Well Partnership Website

For information on all of our service and Family Hubs go to the [Starting Well Partnership](https://www.startingwellworcs.nhs.uk) website:

<https://www.startingwellworcs.nhs.uk> or scan this QR Code



SWP Facebook page

For lots of local information, tips and advice follow our [Facebook](#) page:

[Starting Well Partnership - South Worcestershire | Worcester | Facebook](#) or scan this QR Code



Parenting Courses

We offer a wide range of FREE courses to support families within Worcestershire. Working in partnership with families to offer support for parents & children in Worcestershire. View our range of courses by scanning the Trybooking QR code. Or request support using the link below

<https://startingwellworcs.nhs.uk/request-support>



Visit our ticket website to book a place on a virtual parenting discussion group or one of our local face to face PEEP groups.

www.trybooking.com/uk/eventlist/startingwellpartnership



Chat Health

Chat health is a confidential text messaging service that enables young people aged 11-19 in Worcestershire to contact a School Health Nurse. They can discuss a wide range of issues including bullying, emotional health, relationships and wellbeing. For more information, please go to: <https://chathealth.nhs.uk>



Parent Talk

Down-to-earth parenting advice you can trust. We're here for you, when you need us. Find answers to parenting questions in our advice articles. Or talk to a parenting coach about anything that's worrying you.

It's all free, and no topic is too big, small, or embarrassing. [https://](https://parents.actionforchildren.org.uk/)

parents.actionforchildren.org.uk/

SWANS

A friendly, nurturing support group for parents, family members and carers of children with Additional Needs, covering ALL of South Worcestershire. They meet to discuss your SEN journey as well as having presentations from time to time from professionals in the SEN field. They meet face to face at Worcester Countryside Park AND virtually via Teams to enable people to access the group as and when they can; we know not every time suits everyone. Email Debbie or Hollie for more information ; Debra.lamont@actionforchildren.org.uk or Hollie.carver@actionforchildren.org.uk

Or type this into **Facebook** search bar

SWANS (South Worcestershire Additional Needs Support)

Provided by:



In partnership with:



Starting Well Worcester
EVERY CONTACT SHAPES A LIFE