

**The Beeches Medical Practice**  
**Patient Participation Group meeting**  
**Tuesday 11<sup>th</sup> June 2019, 5:00pm**  
**at Bayston Hill**

**Minutes**

**1 Present:** Terry Seston (Chairman), Gill Berry (Minutes Secretary), Dr Adam Brocklebank, Anne Chalkley, Valerie Collard, Brenda Fletcher, Nikki Fox, Tony Fox, Maggie Hitchings, Teresa Lewis, Gwen MacRae, Karen Moseley, Kim Richards, Dolores Vaughan.

**Apologies:** Jean Cruickshank, Geoff Garrett, Edward Marvin.

**Also in attendance:** Susie Hancock (Shropshire Rural Communities Charity (SRCC) Wise & Well Team).

**2 Agenda and AOB**

**a Agenda:** The agenda had been distributed prior to the meeting.

**b AOB:** See item 8.

**3 Minutes 12<sup>th</sup> March 2019**

The minutes were accepted with the following amendment:

**Item 5h** – it was clarified that ‘the room’ refers to the main church building rather than the church hall.

**4 Actions from the last meeting**

There were no actions to complete from the last meeting.

However, TS reported that **The Village Association has pledged £1,680 towards the cost of twelve new chairs** for the waiting room (see item 8f of the previous minutes). TS will sign and return the relevant form. TS thanked DV for her input in completing the forms. DV is compiling a letter of thanks for *The Villager* and TS will also write another letter for inclusion in *The Villager*.

**5 Functional Fitness MOTs (Susie Hancock, Shropshire Wise & Well Team)**

Susie spoke about the programme of Functional Fitness MOTs for older people. There are seven tasks which involve measuring and maintaining strength, balance, flexibility and stamina. The PPG had a brief taster of the tasks by doing the timed ‘30-second chair stand’ with arms folded, which measures lower limb strength, and assessing handgrip strength which needed to carry out everyday tasks. Lower body strength helps reduce the risk of balance problems and falls. Susie mentioned other exercises such as sitting-walking, wiggling the ankles, etc.

An MOT event is to be held in Christchurch Church Hall on 10<sup>th</sup> July between 9:30 and 4:30 for people who are at risk of falls. This involves 2-hour appointments, which must be booked with a one-to-one instructor (contact 01743 360641). The event is free of charge, although donations will be welcomed. Susie mentioned that a variety of organisations are involved with falls prevention programmes.

KM will be encouraging patients on the frailty register to attend this event. (SH will email the poster to KM for addition to the surgery website). For further details Susie can be contacted on 01743 342160 or [susie.hancock@shropshire-rcc.org.uk](mailto:susie.hancock@shropshire-rcc.org.uk).

TS thanked Susie for her talk and demonstration.

## The Beeches Medical Practice

### 6 Practice issues and updates

#### a Practice Manager's update (KR)

- i **Andrea Amis (Advanced Nurse Practitioner)** is leaving the practice, as she retires from the NHS.
- ii **Zoe Cartwright** has been appointed as ANP to replace Andrea and will work additional hours, starting tomorrow.
- iii Because of the lack of room space at the Bayston Hill site the **Dorrington site** will now be available all day on a Wednesday for appointments.
- iv **Anne Lynch**, one of The Beeches administrators, is to train as a dispenser and KM will help with her training.
- v The new **GP contract** with Primary Care Networks involves even more extended hours availability. Patients from all practices in the Darwin Health grouping can come to the Beeches on a Tuesday evening for appointments. From July the practice must provide an extra 3.5 hours of appointments during the week, and an extra 15.5 hours of consultation time will be made available. The nurses will be working another three evenings a month. This will be good for patients but may present staffing difficulties. 70% of the pharmacists' wages will be paid under the new contract; however, there are problems with recruitment and availability. It is felt that this will not reduce the GPs' workload.
- vi From next year **urgent care practitioners** (nurses) will be available, and paramedics may also be able to do home visits.
- vii From April 2020 **extra services** such as anticipatory care will be in place, employing more people in the community; it is hoped that this will help prevent unplanned hospital admissions.
- viii **Statistics:**

In the past week:

  - The reception team answered 1,548 calls.
  - Clinicians spoke on the phone to 339 patients.
  - 10 people did not attend their scheduled appointment.
  - 7 new patients registered; the patient list is currently 6,377.
  - 529 patient documents were processed.
- ix Dr Jenna Middleton is to set up and manage a **practice Twitter account**, aiming to provide information for patients.
- x **Texting:** The practice is involved in a trial using the EMIS patient information system where GPs can directly text patients.
- xi Patients aged 40-74 in the Darwin Health grouping can now have routine **health checks** at weekends.
- xii **Smear tests** are also to be available at the weekends.

## The Beeches Medical Practice

### b Care Coordinator's report (KM)

- i KM reported that **Rowlands Pharmacy** will be outsourcing prescriptions, and repeat prescriptions will now take at least seven days to process; their deliveries have also been reduced. This procedure will be across the company and may have implications regarding data protection. There are also concerns about potential errors in the non-local processing of prescriptions. At present it is thought that pharmacists will continue to be available at local pharmacies.

### c GP report (Dr Adam Brocklebank)

- i AB reported that he felt his **sabbatical** last year was a useful time.
- ii **Teldoc** (similar to ShropDoc) offers a system where an appointment can be offered to patients at any of the practices in the scheme. Whereas this provides appointments, it does not always help with continuity of care.
- iii **Darwin Health** aims to support each of the practices in the grouping. It is felt that the pressures do not encourage medical students to opt for general practice.
- iv The **Shropshire Vocational Training Scheme** has some good trainee GPs at present.
- v TS asked about men having **prostate checks**. AB replied that men and women are entitled to yearly general health checks and invitations are sent out as a matter of course. Bowel and breast screening are carried out routinely.

## 7 Our current priorities

a **Waiting times:** KR to send details to GB.

b **Future Health Event:** KR to liaise with Olivia Barker from the Nuffield Hospital, and to think about possible topics to cover. It might be helpful to cover topics of relevance to both men and women, for example resuscitation and the use of a defibrillator.

As regards timing, next Easter Sunday is 12<sup>th</sup> April and in view of practice end-of-year tasks and activity it may be best to hold an event after this.

## 8 AOB:

a **Book money:** £75.80 has been gained from book sales over the past three months from both sites. Revenue from this seems to be minimal at present.

b **Blood pressure machine:** There was further discussion as to how the PPG can raise money for another machine for the Dorrington site. It was suggested that Dorrington Council might look more favourably on grant applications for a blood pressure machine than on a water cooler, which is not clinical. Fundraising ideas would be welcomed, as it is acknowledged that there are potential health and safety difficulties with selling cakes or other food.

c **Finance:** NF reported that there is now a total of £804.94 in the bank account, including today's book money.

d TS reported that he has been appointed to the **Clinical Audit Panel at SaTH**, which carries out surveys to find out if healthcare is being provided to the best possible standards in the hospitals. TS will soon be attending training for this.

## **The Beeches Medical Practice**

### **9 Date of next meeting**

The meeting ended at 6:55pm.

The next meeting had been planned for 9<sup>th</sup> July. However, there is a training course at the practice that day, and so the PPG meeting has been rescheduled to 16<sup>th</sup> July.

The next meeting will be held on:

**Tuesday 16<sup>th</sup> July 2019 at Bayston Hill, starting at 5:00pm**

**(NO MEETING IN AUGUST)**

**10<sup>th</sup> September 2019**

**8<sup>th</sup> October 2019**

**12<sup>th</sup> November 2019**