

JUNE

MARDEN NEWS

The monthly newsletter from Marden Medical Practice June 2024

THINK WHICH SERVICE



With Summer fast approaching and pressures continuing to mount on our local health and care services, we have launched the next phase of the 'Think Which Service' campaign.

This campaign empowers residents living in Shropshire, Telford and Wrekin to stay well and use services appropriately this Summer.

The campaign continues to focus on helping people get quicker urgent care in the most appropriate place, highlighting NHS 111 online, the Minor Injury Units, and pharmacies as key urgent care services. Simultaneously, it encourages people to self-care by taking steps to prevent illness this spring/summer such as keeping up to date with vaccinations, staying well and hydrated in the heat and sun safety. As well as checking in on vulnerable or elderly neighbours, friends or family members and keeping their medicine cabinet well stocked to enable people to treat themselves for minor ailments at home.

The campaign aims to ensure our health and care system runs as smoothly as possible by; reducing demand on General Practice, reducing the pressure on our A&E's and ultimately reducing ambulance handover delays.

NATIONAL EPILEPSY WEEK

From May 24 to May 30, National Epilepsy Week will be taking place to raise awareness for those affected by epilepsy, what epilepsy is, who's affected and what can be done to help those who suffer from this condition.

What is epilepsy? Epilepsy is a neurological condition that affects the brain and causes recurring seizures or fits in people. Due to an uncontrolled increase of excess electrical activity in the brain interfering with the normal functions, this causes a short interruption to the relay of messages in the brain.

Who's affected? Approximately 500,000 people in the England are diagnosed with epilepsy, affecting people of all ages, from newborns to the elderly.



Useful Numbers

Health Visitors 452300
District Nurses 277709
RSH 261000
Family Planning 283382

Pharmacies

Rowland's On Site
369446
Asda 276810
Sainsbury's 244744
Taylor - Radbrook
249931
Williams Co-op
344277
Conway 352352
Lunt's - Hereford Rd
351918
Boots - Pride Hill
351311
Rhodes 343998
Boots - Cophthorne
350747
Lloyds - Riverside
344523
Tesco
845449
Pharmacy Express
245715

What can be done to help? Learning to recognise the symptoms of a seizure is a great place to start helping those affected, as well as knowing what to do when a seizure occurs to minimise the harm done to both the person and those around them. You can also look **EPILEPSY** into lobbying for more support for those affected by epilepsy, so they can get the treatment and care they deserve.



All in all, epilepsy is a condition affecting more people than you might think, and by knowing the early warning signs and what to do when a seizure occurs can make a big difference helping those affected by the chronic condition.

National Patient Participation Week 2024

National Patient Participation Week is a significant event that focuses on the importance of patient engagement, communication, and involvement in healthcare decision-making. This dedicated week serves as a platform to recognize the pivotal role patients play in shaping their own healthcare experiences and to promote collaborative relationships between patients, healthcare providers, and communities.



National Patient Participation Week (NPPW) is an annual event that aims to raise awareness about the value of patient participation and engagement in healthcare. It provides an opportunity for patients, healthcare professionals, and organizations to come together, share experiences, and promote dialogue that enhances the delivery of patient-centred care. This week-long celebration focuses on empowering patients to be active participants in their own healthcare journey.

(NPPW) will be celebrated from 31st May to the 6th June, allowing ample time for individuals and organizations to engage in activities and discussions centred around patient participation. It encourages individuals to take an active role in their healthcare journey such as: Engage in Open Communication: Share Your Story: Join Patient Support Groups: Volunteer or Advocate.

Together, we can create a healthcare environment where patients are respected, heard, and empowered to make informed decisions about their health and well-being.

Contact information: Phone: 01483 755826: Email: admin@napp.org.uk ; Website: www.napp.org.uk

NEW STAFF: We give a huge welcome to Dr. Paul Ogilvie who is joining Marden Medical Practice as a Salaried GP.

Dr. Ogilvie has previously worked with the Practice over the years. and we look forward to a long and happy time together.



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