



JOIN US FOR OUR NEXT INFORMATIVE EVENT

## Living With Arthritis

FREE TO ATTEND, REFRESHMENTS INCLUDED

## **Special Guest Speaker:**

Sophie Edwards, First Contact Physiotherapist at Shawbirch Medical Centre

## WEDNESDAY 17TH JULY

6:30-8pm, Shawbirch Medical Centre

LIMITED SPACES SO PRE-BOOK AT SASAWELLBEINGHUB@GMAIL.COM