



VOLUNTEERS NEEDED

Befriending Service

From as little as 15 minutes of your time a week, could make a massive difference to an older person's life. If you are empathetic and good at talking then becoming volunteer for our befriending service is the role for you.

As people get older, some may find they spend more time on their own. Some can no longer leave their home or have the confidence to do so. This can sometimes feel lonely, boring, isolating and many people miss friends or family.

The Befriending Service helps and supports people age 70+ by providing regular telephone contact to help them to reduce any loneliness and isolation. In some cases we may offer home visits.

That is why our befrienders are so important. They make a big difference to an older person's life.

For more information, please contact Befriending Service on:

Telephone: 07436 108173 or 01926 458113

Email: Befriending@ageukcovwarks.org.uk

Website: <https://www.ageuk.org.uk/coventryandwarwickshire/>

The application process involves a completion of an application form and will require a DBS check at no cost to you.