



WELLBEING WALKS

Better wellbeing is just a step away

Noneed to plan your route

Our experienced Ramblers Wellbeing Walk volunteers will lead the way.

Your fitness doesn't matter

Our walks start at 30 minutes and are a steady pace to suit everyone.

Find a walk iseasy

Our walks are local, and accessible on foot or by public transport.

Weeklywalks

Meet:	On:	At:	Contact:
Outside Bedworth Leisure Centre Entrance, Bedworth	Every Monday	10.30am	02476 376543 info@getactiveforlife.co.uk
Pingles Athletics Stadium, Nuneaton	Every Monday	3.00pm & 5.00pm	02476 376543 info@getactiveforlife.co.uk
Outside Nuneaton Museum Entrance	Every Tuesday	10.30am	02476 376543 info@getactiveforlife.co.uk
Entrance to the Pingles Car Park (next to Egos restaurant), Nuneaton	Every Tuesday	7.00pm	02476 376543 info@getactiveforlife.co.uk
The Mayors Cafe, Bedworth Miners Welfare Park	Every Wednesday	10.30am	02476 376543 info@getactiveforlife.co.uk
Pingles Athletics Stadium, Nuneaton	Every Thursday	3.00pm	02476 376543 info@getactiveforlife.co.uk



Scan the QR Code to Sign up to Ramblers Wellbeing walks today!

