



Birmingham Healthy Minds Free NHS Walk-In Service

**Are you feeling anxious,
depressed or stressed?**

**Walmley Health Centre
8 Walmley Road
Sutton Coldfield
Birmingham
B76 1QN**

**Opening hours:
Every Friday (excluding
bank holidays)
9:00 to 11:00**

No appointment necessary,
ask at reception or call

0121 301 2525 (option 1)

For updated information please visit our
website at:

www.bsmhft.nhs.uk