



**Asking the
same question
over and over again.
over and over again.
over and over again.
over and over again.
over and over again.**

**It's not called
getting old, it's
called getting ill.**

If you or a loved one are
experiencing memory loss,
it could be a sign of dementia.

Help and support is just a
phone call or click away.

**alzheimers.org.uk
0333 150 3456**



**Alzheimer's
Society**

Together we are
help & hope
for everyone living
with dementia

Getting a diagnosis can be daunting, but we believe it's better to know. And so do 91% of people affected by dementia.

It means you can get the practical advice and emotional support you need. You can plan for the future and feel the relief of knowing your next steps.

If you're concerned about yourself or someone close to you, we're here to help.

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