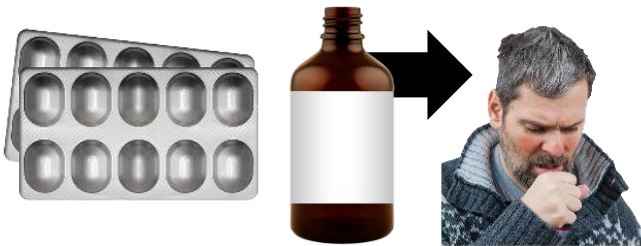


# Your Summary Care Record



Most people have a **Summary Care Record.**

It is a bit of information about your health on the computer at the doctor's and at the hospital.



It has what medicines you take and any that make you unwell.



It has any allergies you have.



You can decide with your doctor to add extra information to your Summary Care Record.

# Lawrence's story



Lawrence goes to the doctor for his Annual Health Check.



The doctor tells Lawrence about his Summary Care Record.



The doctor and Lawrence talk about things that will help Lawrence get the care that is right for him.



Lawrence has had blood tests before and he doesn't like them.

# Lawrence's story



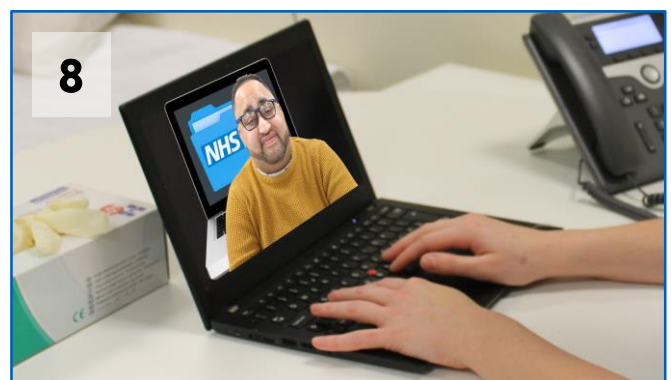
He tells the doctor he is worried that the needle will hurt.



He also says that he likes his sister to be there if there is an emergency.



Lawrence tells the doctor how to contact his sister.



Lawrence's doctor adds these things to Lawrence's Summary Care Record.

# Lawrence's story



9  
...Six months later,  
Lawrence has to go to  
accident and  
emergency (A+E)



10  
Lawrence can't eat  
and is holding his  
chest.



11  
Lawrence doesn't  
want to have a blood  
test.



12  
The A+E staff can tell  
from Lawrence's  
Summary Care  
Record that he  
doesn't like needles.

# Lawrence's story



They use numbing cream so that the blood test doesn't hurt.



They know that Lawrence likes his sister to be there in an emergency.



So they contact her and she comes to the hospital.



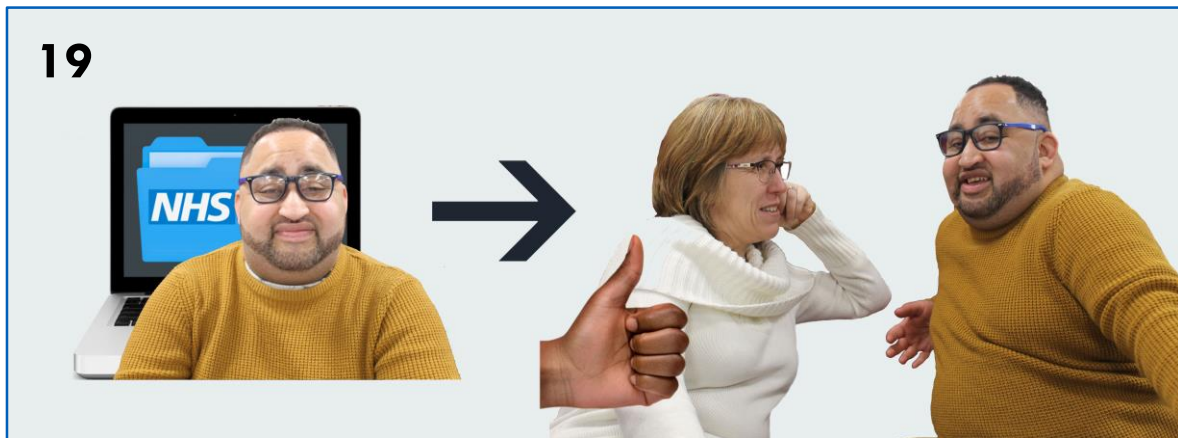
Having his sister there keeps Lawrence calm and he is able to have the tests he needs.



17  
The doctors find out that Lawrence has a stomach problem.



18  
Lawrence gets the right treatment and goes home.



19  
Lawrence was given the support and treatment that was right for him because of the information his doctor added to his Summary Care Record.

### What you can do

- Talk to staff at your GP practice if you would like to add **Additional Information** to your Summary Care Record
- Read this easy read about adding information <https://tinyurl.com/SCReasyread>