

# Are You A Carer?

Carers support family members & friends in many ways...



Personal Care



Household Chores



Emotional Support



Physical Assistance



Finances



Communicating



Health

# FREE Support

Walsall Carers Hub offers a range of support:

- Information & Advice
- Welfare Advice
- Online Training
- Support Groups
- Employment Support
- Digital Support
- Events & Activities
- Health & Wellbeing
- Max Discount Cards for Parent Carers

We're here to help all Carers regardless of any communication need. Call us today.



01922 616 798



[walsallcarershub.org.uk](http://walsallcarershub.org.uk)



[info@walsallcarershub.org.uk](mailto:info@walsallcarershub.org.uk)

# Carer's Wellbeing Check



If you provide care for someone living in Walsall and caring has an impact on your life, you can talk to Walsall Carers Hub about the help and support you may need across all aspects of your life, including your work.

A Carer's Wellbeing Check will look at and advise you about the support we can provide from welfare advice to information on short breaks. We can also refer you to other specialist groups which provide expert advice and support about health, housing, education, employment, training and leisure opportunities.

Contact us and register for FREE with Walsall Carers Hub today.

## Walsall Carers Hub

17 Lichfield St, Walsall WS1 1TU



[walsallcarershub.org.uk](http://walsallcarershub.org.uk)



[info@walsallcarershub.org.uk](mailto:info@walsallcarershub.org.uk)



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WalsallCarers



WalsallCarersHub.WCH

### Visit our website for opening times

Pre-book an appointment to speak to one of our friendly advisors.

Walsall Carers Hub is led by Forward Carers, delivered by Midland Mencap and funded by Walsall Council.

Forward Carers is an award-winning social enterprise that prides itself on making a real difference to Carers. We work in partnership with other not-for-profits and businesses to create Carer Friendly Communities.

Midland Mencap is a charity working and campaigning for accessible and inclusive services and a better quality of life for everyone.



[forwardcarers.org.uk](http://forwardcarers.org.uk)



[midlandmencap.org.uk](http://midlandmencap.org.uk)

Forward Carers is commissioned by Walsall Council to deliver Walsall Carers Hub in partnership with Midland Mencap.



Walsall Council



midlandmencap



Led by Forward Carers,  
delivered by Midland Mencap

# Caring For A Family Member Or Friend?

If you help or support someone due to a disability, serious illness, frailty or addiction, **we're here to help.**



01922 616 798



[walsallcarershub.org.uk](http://walsallcarershub.org.uk)