[](http://www.sandwellandwestbhamccg.nhs.uk/)



When you come for an Annual Health

Check, the Doctor and Nurse will ask

you some questions about your health.



The Nurse will do some tests including

checking your blood pressure,



measuring your height,



taking your weight,



and testing your urine sample.



Someone from the Community Learning Disability Team at Orchard Hills House will be there to support the Annual Health Check. They will give you a Health Action Plan.

The Doctor and Nurse will ask you

questions about how you are feeling.

You may be asked to have a blood

test.

The Doctor will examine you while you

are lying down.

The Nurse will look into your ears with

a special light.



