

KILTEARN MEDICAL CENTRE

APRIL 2021 NEWSLETTER



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WHAT'S BEEN HAPPENING

Here at Kiltearn, we are very pleased to announce that our vaccination process so far has been a huge success! We are not only managing to stay on schedule but also ensuring we stick to strict Government guidelines. All vaccinations are being held at The Civic Hall, Nantwich, allowing a safe place for all staff and patients. So far we have been receiving nothing but positive feedback from you all, so thank you!

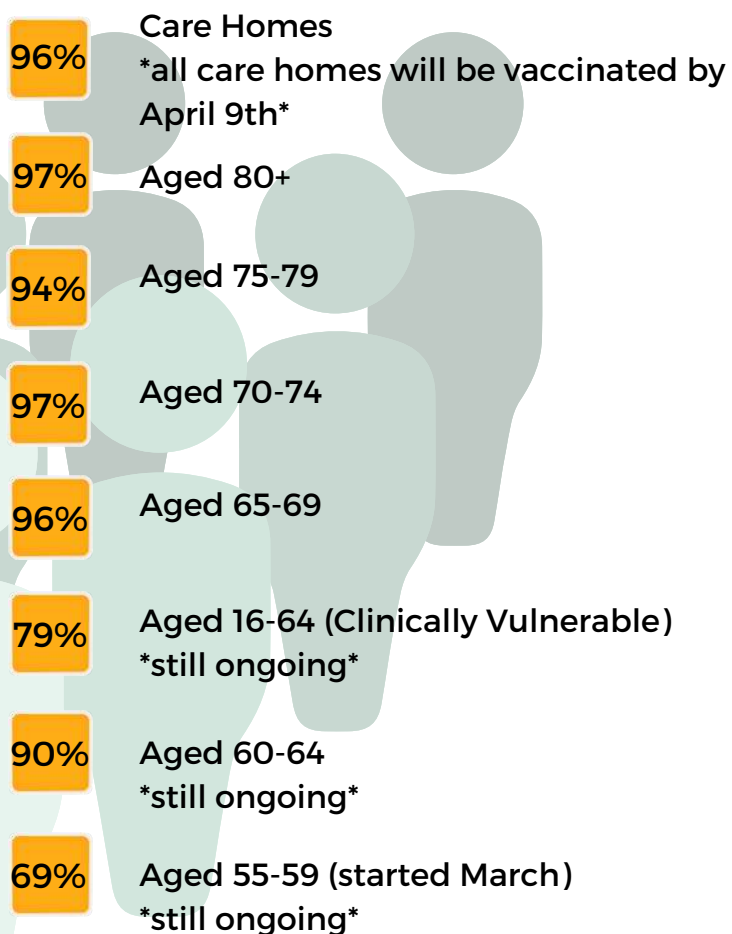


COVID STATS SO FAR 1ST DOSE

NEXT CLINICS SO FAR

9TH APRIL-AGE 50-54
16TH/17TH APRIL(2ND VACCINATIONS)

All the categories to the right have been contacted either via text, post or phone call. If you fall into any of these and have not heard from us please bear with us. We are currently rolling out 2nd vaccinations that are due to our patients. If you believe you are due your second vaccination and have not been contacted, please get in touch with the surgery.



WEBSITE UPDATE

Our website is undergoing a makeover so watch this space. The new website will have up to date surgery information, new patient registration forms, prescription/service information and much more. It will be easy to use but most importantly it will give you the option to access advice/information without having to call the surgery.

SERVICES

Due to Covid we are still unable to provide services such as Ear Syringing and Steroid Injections, but please be assured, as soon as is safe to do so we will continue. We thank you for your ongoing patience. **PLEASE NOTE** - We are still seeing patients for all long term condition reviews such as Diabetic and COPD. If you feel you are due your annual review, please contact the surgery and we will be happy to look into this for you.

BLOOD PRESSURE MACHINES

If you regularly take your blood pressure (for example - long term condition, contraceptive and HRT reviews) we are encouraging patients to purchase their own machine. This is not only safer for you but also ensures we receive regular/up to date readings.

HAVE YOUR SAY

Here at Kiltarn we welcome all feedback therefore, if you would like to get in touch with us, we have made it easier for you. We have updated our feedback procedure and this can be found on our website where you can download our feedback form. Alternatively you can collect a form from the surgery.

ECONSULT/ CONTACT YOUR GP ONLINE

If you haven't already, there is now an easier way to pre-book your Dr or Nurse appointment. Simply head to our website and select contact your GP. A step by step guide can be found on March's Newsletter online. You can also use this service to request information, prescriptions and book reviews.

IMPORTANT - All HRT and Contraception reviews are to be booked through this process.



A GOOD CAUSE IN TIME FOR EASTER

At the beginning of March we kindly asked our patients to contribute to our Easter Egg donation for the local food bank. Our staff and patients have, so far, been very kind and we have managed to gather a great amount, so thank you!

APRIL 2021 AWARENESS MONTH



World Autism Awareness Week
29 March to 4 April 2021
www.autism.org.uk/get-involved



Get active every day in April for
Bowel Cancer Awareness Month
www.bowelcanceruk.org.uk



IBS Awareness Month 2021
April 1 - April 30
www.bladderandbowel.org



Allergy Awareness Week 2021
Monday 26th - 30th April
www.allergyuk.org/allergy-awareness-week-2021



Scream Day 2021
24th April
www.screamday.com



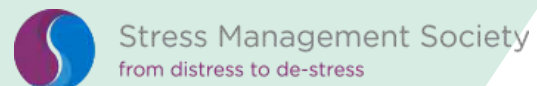
World Parkinson's Day 2021
11 April
www.parkinsons.org.uk/get-involved



Pyjamas for PanCan takes place
on the third Thursday in April
www.pancreaticcanceraction.org



MS Awareness Week 2021 will
run from 19-25 April.
www.mssociety.org.uk/get-involved/ms-awareness-week



April marks the start of
Stress Awareness Month!
www.stress.org.uk/stressawarenessmonth

PRESCRIPTIONS MADE EASY

Don't forget, you can easily order your medication via email (repeat.prescribing@nhs.net), eConsult, Patient Access or in our drop box at Kiltarn. A step by step guide is on our website under March's Newsletter.

PLEASE NOTE - All requests must have your full name, date of birth, contact number, address and medication required. We may not be able to process your request if we do not have all the correct information.