



Safeguarding Children & Adults at Risk

Grove House Practice

SAFEGUARDING



Contacts:

Adult Social Services:
0151 907 8306 (24 hours)

Childrens Social Care:
0151 907 8305
Mon-Thurs 9am-5pm,
Fri 9am-4.30pm)
*0345 050 0148 (out of office hours and
throughout weekends)

Halton Borough Council
[https://www3.halton.gov.uk/Pages/health/
healthandsocial.aspx](https://www3.halton.gov.uk/Pages/health/healthandsocial.aspx)

Halton Domestic Abuse:
0300 111 1247

Runcorn Police:
0845 458 6381

NSPCC Child Protection Helpline:
0808 800 5000

Action on Elder Abuse:
0808 808 8141
Website: <http://www.elderabuse.org.uk/>

CQC (Care Quality Commission) -
0300 061 6161

Grove House Practice
St Paul's Health Centre
High Street
Runcorn

Tel No: 01928 566561

Cancellation line: 01928 842577
(message facility only)

Website: www.grovehouse.co.uk

If you require this leaflet in a different format or if
you need further information or advice, please
contact the Practice

If you have any concerns about the welfare of a vulnerable adult or child this leaflet has been designed to give you as much help as possible for you determined the best course of action.

What is the definition of a Vulnerable Adult?

A vulnerable adult is a person aged 18 and over, who is or may be:

- In need of community care services by reason of disability, age or illness.
- unable to take care of themselves
- unable to protect themselves against significant harm or exploitation.

Safeguarding adults means making sure that vulnerable adults are protected from abuse or mistreatment.

Abuse or Mistreatment is defined as:

- is a violation of an individual's human and civil rights by another person or persons
- may consist of a single act or repeated acts
- may be an act of neglect or failure to act
- can occur in any relationship or setting
- may result in harm to, or serious exploitation of, the person subjected to it.

If you are worried about a vulnerable adult who you think may be being abused, please contact Adult Social Care.

For further advice please go to:

<https://www3.halton.gov.uk/Pages/health/abuse.aspx>

What is the definition of a Vulnerable child?

A vulnerable child is a person under the age of 18, who may be at risk of harm or abuse. A child should be protected from any maltreatment that may affect the children's health or development, ensuring that children are growing up in circumstances consistent with the provision of safe and effective care.

Children can be at risk of harm or abuse in many ways. There are four main kinds of abuse, all of which can cause long term damage to a child:

- Physical Abuse - such as hitting, shaking, punching and kicking
- Emotional Abuse - not being properly fed, clothed or medical needs not being met
- Neglect - when a child is starved of love and affection, or is constantly criticised humiliated or bullied
- Sexual Abuse (including sexual exploitation) - inappropriate sexual behaviour, language or assault

Other forms of abuse include:

Bullying, racism and other types of discrimination. Like other kinds of abuse they can harm a child physically and emotionally.

If you are worried about a child who you think may be being abused please contact Childrens Social Care.

For further advice please go to:

<http://haltonsafeguarding.co.uk/>

If you have any concerns about the welfare of a child or vulnerable adult, please follow the guidelines in this leaflet and contact the relevant organisation.

Think u Know

Think you know is a website aimed at keeping children safe when they are using the internet. There is information available for parents, carer's and children.

www.thinkuknow.co.uk/

You may also wish to look at:

<http://www.ceop.police.uk/>

This is another site aimed at child exploitation and online protection.

Female Genital Mutilation (FGM)

Female genital mutilation refers to a procedure that intentionally alters or causes injury to the female genital organs for non-medical reasons. **The practice is illegal in the UK.**



It is also illegal to arrange for a child to be taken abroad for the procedure and if caught, offenders face a large fine and a prison sentence of up to 14 years.

If you are worried about someone who is at risk of FGM you should share this information with social care or the police. It is then their responsibility to investigate and protect any girls or women involved.

For further advice please go to;

<https://www.gov.uk/female-genital-mutilation>