



**Reception is open for telephone contact between:**

Monday to Friday: 8.30am - 6.30pm

Our Receptionists are fully trained to provide you with the best possible assistance.

**Grove House Opening Times**

Monday & Tuesday: 8am - 6.30pm

Wednesday & Friday: 7am—6.30pm

Thursday: 7am—8pm

**Heath Road Opening Times**

Mon—Fri 8.30am—6pm

We are closed at weekends and on Bank Holidays.

If you need urgent medical advice or treatment when the Practice is closed, please call:

**111**

Calls to 111 are free from landlines & mobiles

Grove House Practice  
St Paul's Health Centre

High Street

Runcorn

Cheshire

WA7 1AB

Tel No: 01928 566561

Cancellation line: 01928 842577  
(message facility only)

Website: [www.grovehouse.co.uk](http://www.grovehouse.co.uk)

Last reviewed: June 2020

# Practice Nurse Clinics

Patient Information Leaflet

Grove House Practice & Heath Road Surgery

Our Nurse Team offer a range of health and wellbeing services





## The Practice Nurse Service

Our Practice Nurses and Health Care Assistants offer a range of health and wellbeing services.

Appointments can usually be booked up to 4 weeks in advance.

Some of the specialised clinics (e.g. anticoagulation) are only available after discussion with the nurse or doctor.

The Practice Nurses specialise in looking after patients who have been diagnosed with long term conditions such as:

- Diabetes
- High blood pressure
- Asthma
- Rheumatology
- IHD / CHD
- COPD
- Stroke / TIA

Our Practice Nurses are also able to prescribe certain medications.

The team also provide:

- Family Planning & contraception services
- Cytology (smears)
- Immunisations and vaccines (including travel)
- Weight management
- Smoking cessation advice and support
- New patient screening
- Foot checks (for diabetic patients)
- Well Person Checks / Health Check Plus
- Blood pressure and 24 hour Blood Pressure monitoring
- Cholesterol checks
- ECGs



And can deal with many general health questions and minor ailments.



## How long an appointment do I need?

Practice Nurse appointment slots vary in length depending on your condition you have and/or the clinic you attending.

When booking a Practice Nurse appointment, you will be asked what type of service you need by our Receptionist. Not all nurses cover all services, so the Receptionist needs to know which nurse is best for you.



Please call our appointment line to book any nurse appointments: **01928 566561**



## Our Nursing Team

Currently the Practice has a team made up of 4 Nurses and 2 Health Care Assistants:

- Karen Histon** — Practice Nurse
- Sharon Crowley** — Practice Nurse
- Cheryl Moore** — Practice Nurse
- Petra Hawthorn**—Practice Nurse
- Nicola Webster** — Health Care Assistant
- Dianne Richardson** — Health Care Assistant