

**Reception is open for telephone  
contact between:**

Monday to Friday: 8.30am - 6.30pm

Our Receptionists are fully trained to provide you with the best possible assistance.

**Grove House Opening Times**

Monday, Tuesday, Friday: 8am - 6.30pm

Wednesday & Thursday: 7am—6.30pm

**Heath Road Opening Times**

Mon—Fri 8.30am—6pm

We are closed at weekends and on Bank Holidays.

If you need urgent medical advice or treatment when the Practice is closed, please call:

**111**

Calls to 111 are free from landlines & mobiles



Grove House Practice  
St Paul's Health Centre  
High Street  
Runcorn  
Cheshire  
WA7 1AB

Tel No: 01928 566561

Cancellation line: 01928 842577  
(message facility only)

Website: [www.grovehouse.co.uk](http://www.grovehouse.co.uk)

Last reviewed: June 2023

# Advanced Nurse Practitioner

Patient Information Leaflet

**Grove House Practice  
& Heath Road Surgery**

Our ANP can assess and examine you, make a diagnosis and provide advice and treatment



# Advance Nurse Practitioner



## at Grove House Partnership



**This leaflet explains the role within the practice.**

Advanced Nurse Practitioners are trained specialist nurses who have undertaken additional education in order to provide advanced nursing care and prescribe medication.

They can provide treatment and advice for many problems for which you may have seen a doctor for in the past. Their main areas of expertise are in the management of common illnesses and long term conditions.

### Appointments

Same day Advanced Nurse Practitioner appointments are available every weekday for common illnesses. Routine appointments are also available if you prefer to book in advance.

The ANP can assess and examine you, make a diagnosis and provide advice and treatment including a prescription if required. They can make referrals to hospital doctors or other health care professionals, and admit patients into hospital when necessary.

Unfortunately, they are unable legally to sign a sick certificate, so you will need to see your own GP for this.

They work closely with your GP and liaise frequently with her/him about your care.

### Same day appointments

Tonsillitis, earache, cough, swollen glands, sinusitis, sore throat, colds and flu-like illnesses, raised temperature that show no improvement after one week or:

Rashes

Acute back pain, joint sprains

Shingles

Oral thrush

Acute chest infection

Dizziness, giddiness, unusual headache

Conjunctivitis, sticky discharging eye, sty

Diarrhoea, constipation, piles

Vomiting

Urinary tract infections, cystitis

Vaginal thrush soreness,

discharge



### Routine appointments

ANPs also manage many long term conditions such as asthma, eczema, high blood pressure, coronary heart disease, raised cholesterol levels, diabetes,

epilepsy and respiratory disease. Patients with a long term condition are either seen annually or at their medication review appointment. All patients who receive repeat prescriptions for any medicine need to see their GP or ANP either once or twice a year to have their prescription reviewed.

There are also many other problems that the Advanced Nurse Practitioners are able to help you with. For example, menstrual disorders, unexplained weight loss, breast lumps, sexual health advice, change of contraception pill or method, depression.

Some patients, often those with complex and long-standing medical problems, may need an appointment with a doctor. The ANP is usually able to assess the situation and in some cases will organise initial blood tests and other investigations prior to arranging a follow up appointment with your GP.

We hope that you will find this service will complement and improve the care you already receive, but please be assured that a doctor's appointment will always be available should you prefer.