

Care homes Involved

Acorn Hallow

Avandale Lodge Nursing home

Crossways

Daneside Mews

Daneside Court Nursing Homes

Davenham Court

Gleavewood

Kitwood

Lostock Lodge

Mount pleasant nursing home

Redwalls

Sandihay Lodge

Sandihay Manor

CARE HOME VISITS Occupational Therapy



Member of



Northwich Primary care Network

What is Occupational Therapy?

- An occupational therapist takes into account the mental and physical health of an individual.
- We gather insight regarding health needs and if there's any struggles with daily activities, such as leisure, self-care, and work activities.
- Occupational therapists help you with goal setting and are able to support you with achieving what's important to you.
- We consider your environment (workplace, home) and whether this supports your goals to then plan for your next steps.



Reasons for Occupational Therapy

Falls Prevention

Background check for residents to support completion of personalised care plan

Cognitive assessment/ review

Short-term support and self management strategies for long-term conditions

Mental health and wellbeing support

How we can help



- Assess you in your home environment



- Provide low level mental health support and cognitive assessment



- If another service is better suited to your needs we can advise and support you to ensure you're aware of the help available



- Assess function and independence and promote activity

