# Produced by the Patient Participation Group to celebrate 10 years of patient participation at HHC!

Handforth Health Centre Newsletter March 2017 *Try the website for local health services and information about our practice ww.handforthhealthcentre.nhs.uk* 

#### **Extended Hours**

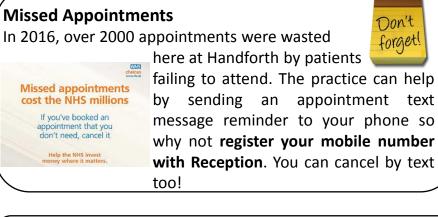
| Tuesday   | 7.30-8am        | GP phone consultations       |
|-----------|-----------------|------------------------------|
| Wednesday | 7-8am           | GP appointments & Phlebotomy |
| Wednesday | 6.30-<br>7.30pm | GP appointments              |
| Friday    | 7.30-8am        | GP phone consultations       |



**Stop Smoking** Ring 0800 085 8818 OR drop into your local Well pharmacy

### HANDFORTH PPG 10 YEAR **ANNIVERSARY!**

In October 2016 we celebrated our 10 year anniversary. To see the what we have achieved please turn over. If you would like to join us please contact the Chair trevorlerman@yahoo.co.uk or the Assistant Practice Manager Carey Mackenzie 01625 547589.



### **CQC** Report



Following the inspection carried out at our Practice in Sept 2016, the full report is now available on our website.

# **Practice Staff**

We recently welcomed a new Practice Nurse, Sr Jo Higginson, to the practice. Her clinics include Hypertension, Asthma, Smears, and Treatment Room.

### Self Care

Be prepared – with a well stocked medicine cabinet Be aware – many conditions get better on their own Be responsible – only make an appointment if you have tried self care first





To register, take any form of photo ID to Reception and download the app to your phone or tablet, or login on your computer www.patient.co.uk/accessapp

#### Ordering your repeat medication

The practice no longer accepts repeat prescription requests from pharmacies for most patients. This is to increase safety and reduce wasted medication. Prescriptions can be ordered as follows:

- Online (see Patient Access box above)
- Drop off/post a request slip at the surgery
- Drop off a request slip at your pharmacy (dated and signed, 7 days before you run out)
- Pharmacies will continue to collect paper prescriptions from the practice, and receive electronic prescriptions. The change is only to the way prescriptions are ordered.

Practice Doctors: James Shipston, James Milligan, Sarah Holmes, Avant Kapoor, Megan Martin, Ruth Newhouse, Rosie Oldham, Liz Grant, Naomi Leese, and our registrars Dr Ima and Dr Azim