

### Extended Hours

Tuesday	7.30-8am	GP phone consultations
Wednesday	7-8am	GP appointments & Phlebotomy
Wednesday	6.30-7.30pm	GP appointments
Friday	7.30-8am	GP phone consultations



**Stop Smoking**  
Ring **0800 085 8818** OR  
drop into your local  
**Well pharmacy**

### HANDFORTH PPG 10 YEAR ANNIVERSARY!

In October 2016 we celebrated our 10 year anniversary. To see the what we have achieved please turn over. If you would like to join us please contact the Chair [trevorlerman@yahoo.co.uk](mailto:trevorlerman@yahoo.co.uk) or the Assistant Practice Manager Carey Mackenzie 01625 547589.

### Missed Appointments

In 2016, over 2000 appointments were wasted here at Handforth by patients failing to attend. The practice can help by sending an appointment text message reminder to your phone so why not **register your mobile number with Reception**. You can cancel by text too!

Missed appointments cost the NHS millions

If you've booked an appointment that you don't need, cancel it

Help the NHS invest money where it matters.



### CQC Report

Following the inspection carried out at our Practice in Sept 2016, the full report is now available on our website.



### Practice Staff

We recently welcomed a new Practice Nurse, Sr Jo Higginson, to the practice. Her clinics include Hypertension, Asthma, Smears, and Treatment Room.

### Self Care

**Be prepared – with a well stocked medicine cabinet**  
**Be aware – many conditions get better on their own**  
**Be responsible – only make an appointment if you have tried self care first**



To register, take any form of photo ID to Reception and download the app to your phone or tablet, or login on your computer [www.patient.co.uk/accessapp](http://www.patient.co.uk/accessapp)

### Ordering your repeat medication

The practice no longer accepts repeat prescription requests from pharmacies for most patients. This is to increase safety and reduce wasted medication. Prescriptions can be ordered as follows:

- Online (see Patient Access box above)
- Drop off/post a request slip at the surgery
- Drop off a request slip at your pharmacy (dated and signed, 7 days before you run out)
- Pharmacies will continue to collect paper prescriptions from the practice, and receive electronic prescriptions. **The change is only to the way prescriptions are ordered.**