Produced by the Patient Participation Group Handforth Health Centre Newsletter October 2017

www.handforthhealthcentre.nhs.uk

HANDFORTH PPG

See our achievements on the reverse side. If you would like to join us, please contact the Chair <u>trevorlerman@yahoo.co.uk</u> or the Assistant Manager, Carey MacKenzie, on 01625 547589

SELF CARE

Be prepared – with a well stocked medicine cabinet



CHESHIRE EAST

Be aware – many get better on their own Be responsible – only make an appointment if you have tried self care first

PATIENT CHOICE

Your Doctor should tell you about all the hospital treatment options available

One You

Support to be a Healthier You

- Eat Well
- Lose Weight
- Move more
- Quit Smoking
- Drink less alcohol

To sign up or find out more: Freephone 0808 1643 202 www.oneyoucheshireeast.org

Changed your mobile?

Make sure we have your latest mobile number.



We will then send you appointment reminders by text, and you will also be able to cancel appointments by text. It is quick and easy, and helps us to reuse unwanted appointments.

CQC Report



Try the website for local health services and information about our practice

Following the inspection carried out

at our Practice in Sept 2016, the full report is now available on our website.

Mori Poll results

You can also read the latest Mori Poll results for our practice at <u>www.gp-patient.co.uk</u>

New GPs and Nurse

Dr Jody Martin joined the practice in June 2017 Dr Shipston now only works 3 days per week Dr Naomi Leese is on maternity leave until Autumn 2018 Dr Sam Cocksedge (GP trainee) is with us until August 2018 Sr Jacqui Wadsworth has recently joined the Nursing team Dr Sheree Alexander and Dr Matt Bacchus are junior doctors on GP placements with us for 4 months Please join us in welcoming our new arrivals to the team!



To register, take any form of photo ID to Reception and download the app to your phone or tablet, or login on your computer <u>www.patient.co.uk/accessapp</u>

Handforth Clinic (next door)

East Cheshire NHS Trust is planning to move some of its out patient clinics from Handforth Clinic to hospitals in Macclesfield , Congleton and Knutsford. This will have no impact on overall capacity and availability of appointments for these services. The majority of its community services will remain at Handforth.

For more information please refer to the Trust's consultation document available on their website

www.eastcheshire.nhs.uk/Get-Involved/handforth-health-centre.htm

Practice Doctors: James Shipston, James Milligan, Sarah Holmes, Avant Kapoor, Megan Martin, Ruth Newhouse, Rosie Oldham, Liz Grant, Naomi Leese, Jody Martin and our registrar Dr Cocksedge