# **Greenmoss Medical Centre News**



Patient Newsletter edition 5: November/December 2023

# Flu/covid clinics

Thank you to everyone who attended and supported the flu clinics in September and October. The Practice administered over 1000 covid vaccines and over 1200 flu vaccines to eligible patients.

#### **Advanced Nurse Practitioner**

As previously announced, Dequilla Jenkinson joins the Practice on 20th November. Dequilla will spend the first couple of weeks working alongside colleagues to familiarise herself with the Practice and will start seeing patients from Monday 4th December. Dequilla can treat a wide range of conditions such as: joint problems, sore throats, ear infections, conjunctivitis, other eye problems, chest infections, asthma, chronic bronchitis, urine infections, incontinence, thrush, skin problems, rashes, spots, tummy ache, diarrhoea, constipation, indigestion.

### **Specialist Services available**

In addition to the clinical services provided by our doctors and nurses, we also have a range of services which you can access either directly or as a referral from a clinician:

<u>Social Prescriber</u>: works with a GP Practice to ensure that the wider needs of patients are addressed. They link-up patients to groups, activities and services in their

communities to meet their social, emotional and practical needs that affect their health and wellbeing.

Social prescribing works particularly well for people who:

- have one or more long term condition
- who need support with low level mental health issues
- who are lonely or isolated
- who have complex social needs which affect their wellbeing.

<u>Physiotherapist</u>: works at the Practice on a Tuesday afternoon and all-day Thursday. If you are suffering with muscle or joint pain, the physio can help you manage or improve this. They can also help with pain relief, arrange any necessary investigations or refer you to a specialist if needed.

Remote Pharmacist: works remotely from the Practice contacting patients to discuss their medication, any medication changes or to follow up after a hospital stay where new medication has been prescribed.

<u>Dietician</u>: will help you with dietary and nutritional problems. They are qualified and regulated professionals who will assess your requirements and develop a practical plan with you.

Please ask at Reception if you would like any more information about how to access these services.

## **Pink Hamper Raffle**

Thank you to everyone who bought a raffle ticket or a pink candle. We raised £330 for the Breast Cancer Awareness Charity. Particular thanks to one of our patients, Janet, for making and donating the lovely pink stripy candles. Thanks also to Jean, a member of our PPG, seen here drawing the winning tickets.



Telephone system

The Practice is having a new telephone system in the next couple of months. We are working with a company to upgrade our current system to one which provides much more functionality for the Practice staff and patients. An example is that if you are in a queue waiting to speak to a member of staff, you can choose a callback option and the system will automatically call you back when you reach number one in the queue so you don't have to hang on. More information to follow.