





MEREPARK MEDICAL CENTRE Your health matters to us

SPRING '24

# **The Primary Care Team**

The team will use this newsletter to celebrate successes across the network, highlight key or successful studies and share best practice. We would be delighted if you have something for us, get intouch via our email: <a href="mailto:contact.merepark@nhs.net">contact.merepark@nhs.net</a>









A huge WELCOME to our new staff joining the MMC team:

Steve - Consultant Physiotherapist

Our project manager Dev has created new Feedback cards for you to give us your feedback after an appointment. You will find these in the clinicians rooms, there is also a paper verison available if you would prefer to write your comments down.



and aspirations week. We are delighted to share that MMC team has received the bronze award from the Defence Employer Recognition Scheme

Smallwood School to talk to the children

about being a nurse during their dreams

Thank you again to Victoria's Art Studio for our beautiful Spring window display making the practice look bright and cheerful for

you.

(ERS).

We also upgraded our Telephony system on Wednesday 6th March. But don't worry our number has not changed! Our new system will make phoning into the practice much simpler.



NEW TELEPHONY SYSTEM

Website: <u>www.merepark.nhs.uk</u>

% Facebook/TikTok: Merepark Medical Centre

Address: Merepark Medical Centre, 12 Sandbach Rd South, Alsager, ST7 2LU





## **Greener Practice**

Merepark Medical Centre is currently part of the Greener Practice; There are lots of ways you can do to also help:

- Drop off your used inhalers in our inhaler recycling box at reception.
- Book a consultation with our pharmacist for a medication review.
- Register with our texting system for updates on appointments and to our electronic prescription service.
- Try to car share/walk/cycle or take public transport to your appointments at the practice.
- Ask about our social prescribing resources



League table	202
Merepark Medical Centre	404 points
Frome Medical Practice	401 points
Hillview Surgery	327 points
Portsdown Group Practi	301 points
The Wooda Surgery	284 points
Brannam Medical Centre	266 points
Mile Oak Medical Centre	266 points
Newquay Health Team	238 points
Herstmonceux Integrati	236 points
The Corner Surgery	236 points



### MMC events, Local Support, Services in our Area





- Merepark Medical Centre Open Day with PMA will be in Spring this year
- Sandbach Community Hub at Sandbach Market Hall is open on the following Wednesdays 10am — 12pm: 1<sup>st</sup> May, 3<sup>rd</sup> July, 4<sup>th</sup> September and 6<sup>th</sup> November. Everyone is welcome to come alonge and meet friendly organisations for advice and support. No need to book, just turn up.
- Mow Cop Health and Wellbeing Event is taking place on Wednesday 17th April from 2 – 4pm at the Mount Pleasant Village Hall, ST7 3LG
- Free activities for children and young people this April Everybody Health & Leisure are delighted to announce they have a funded gym & swim membership and free places on their multi activity days during the Easter holidays, for children and young people in receipt of benefits-related free school meals. For more information please see the press release <a href="https://www.everybody.org.uk/2024/03/11/free-activities-for-children-and-young-people-this-april/">www.everybody.org.uk/2024/03/11/free-activities-for-children-and-young-people-this-april/</a>

### Join the Patient Partipation Group



The Patient Participation Group (PPG) is comprised of patients registered at Merepark Medical Centre (MMC) with a keen interest in the delivery of healthcare in the area. It is continually evolving to meet local needs. It is really up to MMC and the Group's members to define the PPG's role and activity but these will typically include:

- providing the patient perspective on the services that are provided by MMC;
- working with MMC to improve patient communication;
- encouraging patients to take more responsibility for their health;
- providing practical support for others in the community.

The PPG is <u>not</u> MMC's complaint system (there is already a robust complaints procedure in place); nor is it a forum to air personal issues. But neither is it a Doctors' fan club.

#### Who can become involved?

Any patient registered with MMC with an active interest in the delivery of healthcare in the area is welcome to become involved in the PPG. To join pick up a leaflet from our reception desk, fill it in and hand it back to one of our team or you can email on <a href="mailto:contact.merepark@nhs.net">contact.merepark@nhs.net</a>





