



# Same Day Emergency Care (SDEC) Centre

Information for patients and relatives.

# 1. What is SDEC (Same Day Emergency Care)?

**SDEC is the provision of Same Day Emergency Care for patients who would have otherwise been admitted to hospital**

Under this care model, patients presenting to hospital with a range of conditions can be rapidly assessed, diagnosed, and treated without needing a hospital admission. If clinically safe to do so, patients will be discharged home the same day.

Warrington Hospital runs a joint medical and surgical SDEC unit.

## 2. What will happen during your visit?

You have been referred to the SDEC Centre by your GP or the Emergency Department team.

- On arrival, please go directly to the SDEC Centre where you will be booked in by the reception team
- You will be triaged (observations checked) by the triage nurse and any initial investigations such as blood tests, ECGs will be taken
- You will be seen by a member of the medical or surgical team and any further tests or investigations will be arranged
- Once your results are available (sometimes this can take several hours) and a diagnosis is made, your treatment will be started
- Some treatments can take several hours to complete, others are quicker
- You may be in the department for several hours in total depending on the investigations and treatment you require

## 3. Discharge From SDEC

The majority of patients will not require a hospital admission. Once your stay in SDEC is completed, you will be discharged home if it is clinically safe to do so. If you require a hospital admission, you will be transferred to an inpatient bed within the hospital.

## 4. Follow Up

- You may be discharged home with a follow up in the SDEC Review Clinic (see section 5 for more details).
- You may be discharged home with a follow up appointment with a specialty clinic e.g., cardiology, respiratory, gastroenterology.
- You may be discharged with a follow up with your GP.
- You may be discharged home without any follow up.

## 5. SDEC Review Clinic

- SDEC Review clinic is run within the SDEC Centre.
- Patients will be booked into the clinic by the medical or surgical teams and given an appointment letter with the date and time of the appointment.
- The purpose of the clinic is to provide an early medical review (within a few days) following discharge from hospital.
- Often this review will involve further investigations to assess your progress since discharge, including blood tests and radiology.
- Your appointment could take several hours to complete if you require further investigations or treatment.
- Rarely, you may need to be re-admitted to hospital if you are unwell.

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