



Welcome to our October 2024 Newsletter!

EXTENDED ACCESS APPOINTMENTS

From 1st October, appointments are available with a GP from 6:30pm - 8pm Monday - Friday and Saturdays. These appointments are for acute issues only ie. urine, chest, throat infection, etc. and can be booked by Reception. These appointments will be based at either:

- Wingate Medical Centre
- Millbrook Medical Centre (Bewley Drive)
- St Laurences Medical Centre
- St Chad's Clinic



Opening Times

Monday

08:00am - 6:30pm

Tuesday

08:00am - 6:30pm

Wednesday

08:00am - 6:30pm

Thursday

08:00am - 6:30pm

Friday

08:00am - 6:30pm

Southdene PCRC

Bewley Drive

Liverpool

L32 9PF

Towerhill PCRC

Ebony Way

Liverpool

L33 1XT

Facebook Page

The practice has a live Facebook page! Be sure to give us a like and follow for the latest news and updates:

@MillbrookMedicalCentre

Find us on 



NHS APP

Remember to download the NHS App which allows you to:

- Order repeat medication
- View and manage upcoming appointments (GP & Hospital)
- View parts of your GP record including information about medication, allergies, vaccinations, previous illnesses and test results.

Sign up can be done without practice involvement. If you are unable to access the NHS App, speak to Reception who can help get you setup with an alternate online provider.

DR WEST

Dr West is currently on long term sickness leave and is likely to be off until at least the new year. We are arranging for a female locum GP to cover Dr West's clinics in the meantime.

KNOWSLEY CARERS CENTRE

The KCC offer lots of help and support to carers locally. Many carers experience loneliness and are often unaware of the financial & therapeutic help available to them. The team at KCC can talk you through the available help and offer something best suited to your needs.

If you want to self-refer, this can be done through their website or by ringing and chatting to the team on 0151 549 1412.

If you want to pop in for a friendly visit, they also have coffee mornings running from the centre on Bewley Drive:

Thursday 17th October 2024

Thursday 31st October 2024

Thursday 14th November 2024

Thursday 28th November 2024

Thursday 12th December 2024



Their Coffee Mornings run from 10am - 12 noon. All carers are welcome!

Why not visit their website for further useful links and information:

www.knowsleycarers.co.uk/

Local Pharmacy Contact Numbers

Leeside:

0151 546 2988

Westvale:

0151 546 9708

Kirkby Town:

0151 548 5480

Towerhill:

0151 549 1308

Broad Lane:

0151 546 6016

St Chads Walk In Centre:

0151 546 6454

Harvals (St Chads Parade):

0151 549 1818

Tops Pharmacy:

0151 547 1734

Copplehouse Lane:

0151 525 1160



 **MILLBROOK**
MEDICAL CENTRE

Southdene Primary Care Resource Centre

Bewley Drive, Kirkby, Liverpool, L32 9PF

Tel: 0151 546 2480

Website: www.millbrookmedicalcentre.nhs.uk

SOCIAL PRESCRIBERS

We have a team of Social Prescribers at the practice who can connect patients with local services and help with various problems you might have, such as:

- Housing
- Debt
- Benefits
- Isolation
- Exercise
- Food Bank Support
- Fuel Support
- Carers Support
- Perinatal Support
- Opioid Reduction



Why not speak to Reception who can refer you today!



FLU & RSV VACCINATIONS

Flu season is now upon us and we have started to contact eligible patients to book into our clinics. If you are eligible and have not yet been contacted please ring the practice after 10am for an appointment.



RSV vaccines are now offered to patients aged 75 – 79 years of age, and also pregnant patients who are 28 weeks or more in gestation. The RSV vaccine helps protect against respiratory syncytial virus (RSV).



We have started inviting eligible patients in for this vaccine, however, if you are eligible but have not yet been contacted please speak to Reception who can arrange this for you.



COVID VACCINE CLINICS

We have started running Saturday clinics for eligible patients to receive their COVID vaccines and inviting them in. These clinics are delivered by staff outside of working hours and in their free time.

Sometimes, delays can occur due to unexpected circumstances such as sickness, however, we work hard to ensure clinics are kept running as smoothly as possible. We appreciate patients understanding and consideration to this effect.



DNAs (DID NOT ATTEND)

DNAs at the practice continue to be a growing problem. In August 2024 we had 368 appointments that weren't attended at either site, and in September 2024 we had 419. 150 of these appointments alone were for Phlebotomy (bloods). With so many DNAs, providing a fair service that works to full capacity becomes more of a difficult task for the practice and only impacts on other patients.

It is practice policy that if any appointment is not attended without being cancelled at least one hour before on more than 3 occasions, the patient will be struck off from the practice register.

There are various ways your appointment can be cancelled if you no longer require it such as:

- Texting "CANCEL" to your appointment reminder message
- Cancelling via NHS App / Patient Access
- Informing Reception via telephone or front desk

Appointments must be cancelled at least 1 hour in advance, so that the appointment may be given to another patient.

STOPTOBER



This October, join the 2.5 million people who've been inspired by Stoptober.

Even if it's your first time or you've tried before, Stoptober gives you the perfect opportunity to quit smoking.

With the right support, quitting is easier than you think.

Smokefree Knowsley are available locally over the phone or face to face. They have appointments at Towerhill Resource Centre on Tuesday mornings or Kirkby Library on Monday afternoons.

They offer a choice of NRT patches, mouth spray, gum, lozenges, inhalator, Zyban tablets and a vape through their partnership with Totally Wicked, or just support from an advisor if that is what is preferred.

Clients can have products for up to 12 weeks, and they will call or see patients every week to monitor their progress to hopefully being smoke free for good.

Visit www.smokefreeknowsley.org.uk for more info.



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