

Freepost RTJJ-KRJG-HURG
Carers of West Lothian
Sycamore House
Quarrywood Court
LIVINGSTON
EH54 6AX

You can contact us at:

- ✉ office@carers-westlothian.com
- 🌐 www.carers-westlothian.com
- ☎ 01506 448000
- 📍 Sycamore House, Quarrywood Court,
Livingston, EH54 6AX
- 🕒 Open Monday - Friday

This leaflet is available in large print and
other languages. If required please contact
the office.

A Company Limited by Guarantee.
Company No. SC226434
Scottish Charity No. SC 019628

Do you have a disability and live in West Lothian?



Who are we?

Carers of West Lothian is a local charity that provides information, advice and support to disabled adults living in West Lothian



How can we help you?

Our support worker will talk with you to explore the kind of support you may need.

Some of the ways we can support you are:

- Providing information and advice on benefits and legal issues
- Having someone to talk to
- Social groups
- Workshops
- Counselling
- Signposting or referral to other services
- Planning for emergencies

Register for support

Please complete the form below and post it to us in an envelope using the FREEPOST address as shown on the reverse (no stamp required).

Your Details:

If you need help filling in this form please phone 01506 448000.

Name:

Address:

Postcode:

Tel No:

Mobile No:

Email:

Date of Birth:

I apply to become a member of Carers of West Lothian (no fee): Yes ☐ No ☐

Signed:

Date:

How did you hear about us?

By filling in this form and submitting it to us you consent to us using your data. You can withdraw consent at anytime by contacting COWL.

We will keep your details confidential and will use them only for statistical purposes and to supply you with appropriate information, advice and services.

You are a great service & it's good to know I can contact you

I really appreciated the support from the counsellor and feel things have changed for the better

The social group gets me out of the house & gives me a chance to meet new people