



Newland News

Staff Announcements



Dr William Gentleman finishes his training with the practice in August and we wish him all the best for the future.

Hollie Hunter joined the practice in May as our new medical receptionist, we hope Hollie has a long and happy career at Newland!

Dr Zoe Blackburn joins the practice as a Year 2 Training doctor in August for 3 months.

Dr Beth Mulloy, our current Foundation doctor, is due to move on from her training here and the practice wishes her the best of luck with the rest of her training.

Dr Neil McCulloch ran the Manchester marathon and managed to raise a whopping **£749** for West Lothian foodbank!

Benefits of prebook appointments

Are you looking to have a non urgent consultation with a GP or nurse? Have you received a letter asking you to book an appointment with a clinician? Why don't you book a prebook telephone consultation or a prebook face to face consultation. By prebooking your appointments you are more likely to have a consultation with a clinician of your choosing.

You can also avoid the 8am rush and call at a time that is convenient for you, anytime between 0900 and 1800.

If you receive a letter from one of our clinicians asking you to book in for a telephone/ face to face consultation, please phone for a prebook appointment and not at 8am for a same day appointment. All letters sent out asking you to book in for an appointment with a clinician are for routine appointments only, not urgent appointments. This then frees up our phonelines for patients who are needing same day treatment.



Computer Upgrade

We are having our computer system upgraded on 20th September 2023. We have been informed by IT to expect minimal disruption to our service that day.

Online Access

You can now order your prescriptions online! If you would like to sign up for our online service please download the form from our practice website www.newlandmedicalpractice.scot.nhs.uk/ or alternatively pick up a form in the practice. A gentle reminder as of 1st April we no longer accept repeat prescription requests over the phone.



Home Blood Pressure Monitoring Tips!

We may suggest you do some Home Blood pressure monitoring, particularly if your blood pressure is raised when in with the GP or practice nurse. We need at least 4 CONSECUTIVE days worth of readings. The readings are done 3 times throughout the day. You do not need to take the machine to work with you, it is meant to fit around your “normal” day.

If you are not able to do 4 consecutive days due to unforeseen circumstances or you miss out some readings, then please contact the practice nurse. We can arrange for you to keep the machine longer as long as you inform us. Unfortunately, if you do not complete the form, this makes your readings null and void and we will ask if you can repeat them.



Public holidays 2023

- * **Monday 18th September 2023**
- * **Monday 25th and Tuesday 26th December**