



Newland News

Staff Announcements



Dr Zoe Blackburn leaves the practice in December following her four months training with us. We wish her all the best for the future.

Dr Helen Yeadon joins the practice as our new Foundation doctor on 7th December for four months. We wish her well while she is training with us.

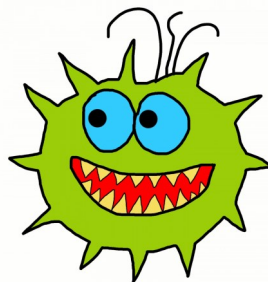
Margaret Wynne joined the practice on 27th November as part of our admin and reception team. We are delighted to welcome Margaret to our team and wish her a long and happy stay with Newland.

Jonathan Doyle has joined the practice as part of our Pharmacy team. Some of our patients might get a phone call from Jonathan to discuss medication. We wish him a warm welcome!

What can your local Pharmacy offer you?

In the winter, germs thrive and are easily spread as we spend more time indoors. Your local Pharmacist can help you with many minor illnesses such as....

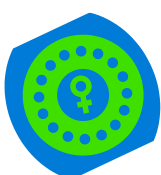
- * Aches and Pains
- * Sore Throat
- * Cough
- * Colds
- * Flu
- * Earache
- * Cystitis and Urine Infections
- * Skin Rashes
- * Teething



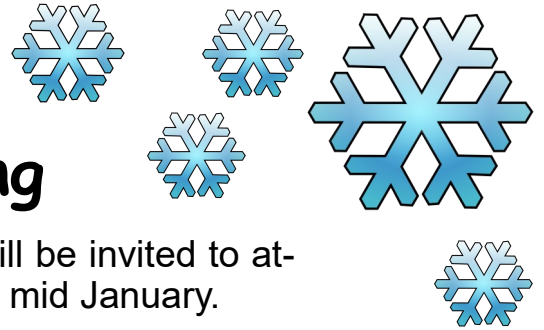
All Pharmacists train for 5 years. They are well trained in managing minor illnesses and providing health and wellbeing advice. NHS inform recommends if you have a minor illness, the first place you should go for advice is a Pharmacy. The Pharmacist may refer you to another healthcare professional such as dentist, optometrist or your GP.

All Pharmacies in Scotland offer a service called **Pharmacy First**. This allows the Pharmacy to dispense you an NHS prescription for minor illnesses.

Most Pharmacies are open until 6 and are open on a Saturday morning. You can check NHS inform for your nearest Pharmacy opening/closing times and for more details on the Pharmacy first service.



Breast Screening



Our female patients in the age group 50 to 70 years will be invited to attend breast screening from around 14th December until mid January.

The screening unit will be parked at Morrisons carpark in Bathgate. According to the Scottish Government website, there has been a small but steady decline in breast screening attendance. The Average performance on uptake over the last 10-years now sits at 72% for Scotland.

We are going contactless!

We are in the process of setting up contactless payments in the practice. Please keep an eye on our website for when this is in place. We will also advertise this new system at our reception desk.

Christmas and New Year Arrangements

Monday 25th December – closed
Tuesday 26th December—closed
Normal service will resume on Wednesday 27th December

Monday 1st January – closed
Tuesday 2nd January – closed
Normal services will resume from Wednesday 3rd January

NHS 24 will be covering for emergencies only when the practice is closed, please phone 111 to contact them.

Please order your prescriptions early as NHS 24 will be unable to deal with prescriptions requests during the public holidays.

THE GPs, NURSING, RECEPTION AND ADMIN STAFF WISH ALL OF OUR PATIENTS A VERY MERRY CHRISTMAS AND A HAPPY NEW YEAR!

