1 Click Services at the bottom of the screen
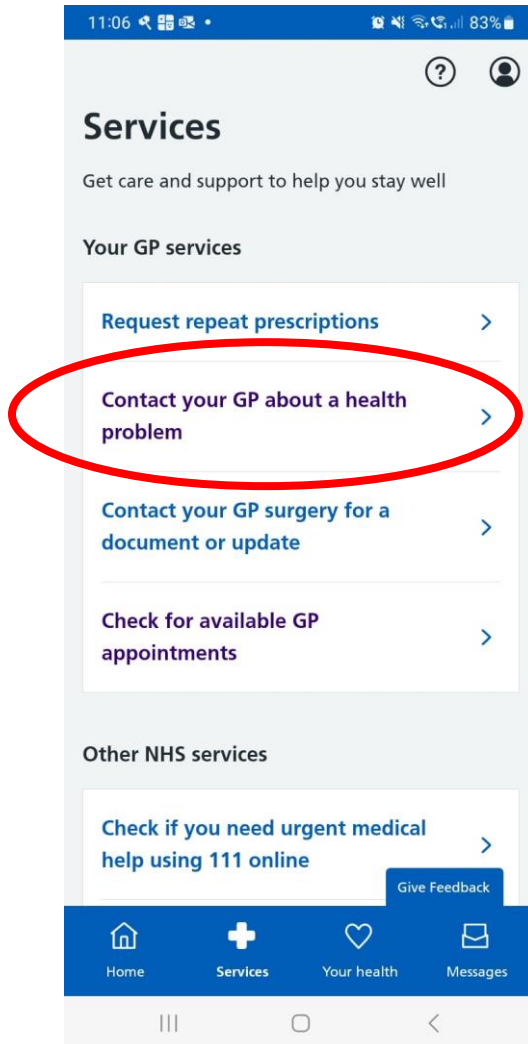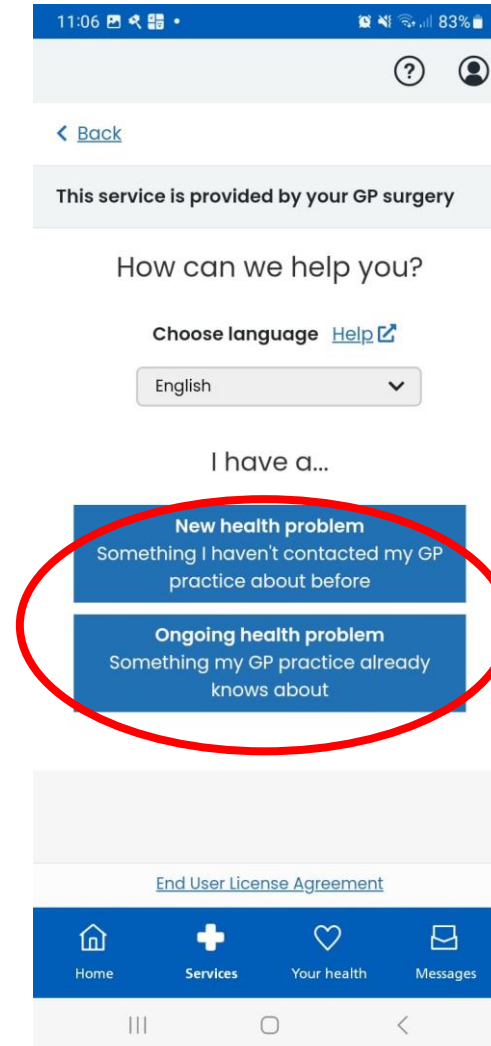
2 Click Contact your GP about a health problem

3 Click I have a new or ongoing health problem.