## KIRKHAM HEALTH CENTRE PATIENTS PARTICIPATION GROUP

### PATIENTS PARTICIPATION GROUP (PPG) AIMS

Kirkham Health Centre set up a Patients Participation Group in October 2017. Its members are a small group of patient representative volunteers supported by a practice GP and administrator.

The Principle Aim of the PPG is to improve relations between the practice and its patients. This is being done by:

- Providing a forum for patients to collaborate with the practice and provide a patient perspective.
- Promoting the wellbeing of patients and supporting the practice to provide a high quality of care and service delivery.
- Enabling patients to influence local healthcare services.

# > PATIENTS PARTICIPATION GROUP (PPG) - VOLUNTEERS NEEDED

The PPG needs more Volunteers.

We meet about once every couple of months in the Surgery for 1- 2 hours and do occasional supportive works outside of the meeting, as suits an individual's particular availabilities.

We are looking for a wide range of people of different ages in different family situations, from different backgrounds and with different interests.

We are looking at setting up a "VIRTUAL GROUP" so that people who would be unable to regularly attend the meetings could contribute.

If you would you like to join us or like more information please leave your name and contact details in the PPG box at reception or email <a href="mailto:fwccg.gp-p81128@nhs.net">fwccg.gp-p81128@nhs.net</a> with PPG as the subject.

### PPG SURVEY

The PPG carried out a survey of patients' opinions during the first week of September 2018. Copies of the Survey Results and consequent actions are available from reception and on the Practice website <a href="https://www.kirkhamhealthcentre.co.uk">www.kirkhamhealthcentre.co.uk</a>

### LOCAL COMMUNITY ACTIVIES

There is evidence that "social interaction" improves our health. Local community activities include:

- Just Good Friends Meetings every Thursday in the Kirkham Community Centre
- Ash Tree House have organised Walks every Wednesday
- Baby and Toddler Sensory Classes meet in Weeton Village Hall
- Little Ducklings meet on Wednesdays in the Wrea Green Centre
- Get together on alternative Wednesdays in the Wrea Green Centre
- Saturday Tea and Teacakes once a month in the Wrea Green Centre
- Toddlers Group meet on Wednesdays in St Michael's Pomfret Room Kirkham
- St Michael's Family Kitchen on Wednesdays during term time.

More activities are listed in the Kirkham + Wesham Neighbourhood Leaflet published jointly by Kirkham Health Centre and Ash Tree House, A copy of the leaflet is included with this Newsletter. If you would like to advertise any other similar activities please leave the information in the PPG box in the Surgery or email <a href="mailto:fwccg.gp-p81128@nhs.net">fwccg.gp-p81128@nhs.net</a> with PPG as the subject.