

You are not alone.

Get the support you need.

Bury Cancer Support Centre

The Bury centre is for people who are living with cancer, their loved ones and carers. The centre offers practical, emotional and social support including complementary therapies, a drop in support group, counselling, a walking group, benefits/money advice and bereavement support.

[Details - www.burycancersupportcentre.com](http://www.burycancersupportcentre.com)

[Tel- 0161 764 6609](tel:01617646609)

[Email- enquiries@burycancersupportcentre.com](mailto:enquiries@burycancersupportcentre.com)

[Address- 406 Bolton Road, Bury, BL8 2DA](#)

Beacon Service

The Beacon Service is a support service that connects people to non-clinical support services provided, run by local voluntary organisations, community and faith groups and charities in Bury. It helps people improve their mental health and wellbeing, be more active physically, feel less lonely and be more in control of their own health including long term health conditions. Remote and face to face support are available.

People 18+ years of age and over who are registered with a Bury GP, self-referral, GP referral, social referral, MDT referral all accepted.

[Website - www.buryvcfa.org.uk](http://www.buryvcfa.org.uk)

[Tel- 0161 518 5550 / 07935 755 990 \(Text or WhatsApp\)](tel:01615185550)

[Email -beaconservice@buryvcfa.org.uk](mailto:beaconservice@buryvcfa.org.uk)

[Address- St Johns House, 155-163 The Rock, Bury, BL9 0ND.](#)

MacMillan Cancer Support

Cancer information and support service for people living with and beyond cancer and their loved ones and carers. It operates via two centres and offers emotional and practical support including counselling, support groups, financial support, welfare benefits advice and more. Call ahead before visiting either centre.

Two centres - Salford Royal at The Hope Building and The Christie at Salford Royal, Radiotherapy Centre

[Website- www.macmillan.org.uk3.35](http://www.macmillan.org.uk3.35)

[Tel- 0161 206 1455](tel:01612061455)

[Email - salfordcancerinfo@srft.nhs.uk](mailto:salfordcancerinfo@srft.nhs.uk)

[Address- Stott Lane, Salford, M6 8HD](#)

Being There

Local branch of Being There charity for people living with life limiting conditions and their loved ones and carers. It offers emotional and practical support including counselling, befriending, carer support, social/support groups, and a transport service. People living with life limiting conditions and their loved ones and carers.

[Website- beingthere.org.uk](http://beingthere.org.uk)

[Tel- 0161 230 1431](tel:01612301431)

[Email - northmancs@beingthere.org.uk](mailto:northmancs@beingthere.org.uk)

Chai Cancer Care

Charity for people of the Jewish community affected by cancer. The North Manchester centre offers advisory services, complementary therapies, counselling, group activities, home support, physiotherapy, and support groups. Some services are virtual.

[Website- chaicancercare.org](http://chaicancercare.org)

[Tel- 0808 808 4567 \(National helpline\) / 020 8202 2211](tel:08088084567)

[Email- info@chaicancercare.org](mailto:info@chaicancercare.org)

[Address- Heathlands Village, Heathlands Drive, Prestwich, Manchester. M25 9SB](#)

Child Bereavement.

Charity providing support to children and young people, and families who have been bereaved, and anyone affected by the death of a child of any age. It offers support such as face-to-face, one-to-one, family bereavement, online groups, video calls, telephone, and instant messenger.

Young people under 25 who have been bereaved and anyone affected by the death of a child. For referrals please contact the service

[Website- www.childbereavementuk.org](http://www.childbereavementuk.org)

[Tel- 0800 02 888 40 \(Freephone\)](tel:08000288840)

[Email - northsupport@childbereavementuk.org](mailto:northsupport@childbereavementuk.org)

Bury Hospice

Hospice for adults living with life-limiting conditions. It offers palliative and end of life care including in people's homes as well as bereavement and family support, and complementary therapies.

People living with life-limiting conditions, their carers and loved ones. Referrals are by a health or social care professional

[Website - www.buryhospice.org.uk](http://www.buryhospice.org.uk)

[Tel- 0161 725 9800](tel:01617259800)

[Email- info@buryhospice.org.uk](mailto:info@buryhospice.org.uk)

[Address- Rochdale Old Road, Bury, BL9 7RG](#)

Look good Feel Better

Look good feel better is a National Charity that runs free workshops for young adults, woman, and men across the UK either virtually, at cancer care centres and in hospitals.

“Our workshops are led by trained volunteers in the beauty industry and provide practical advice about changes to skin, eyebrows, eyelashes, hair, nails, and body confidence. Volunteers in the health industry also lead our well-being focused workshops covering meditation, breathwork and gentle exercise to help reduce feelings of isolation and anxiety.

The best thing about them? Every single one offers an invaluable opportunity to meet others going through a similar situation”.

[Website- https://lookgoodfeelbetter.co.uk](https://lookgoodfeelbetter.co.uk)

[Tel- 01372 747 500](tel:01372747500)

[Email - info@lgfb.co.uk](mailto:info@lgfb.co.uk) or fundraising@lgfb.co.uk

MacMillan Free Phone Line

Anything you need to ask big or small, MacMillians Support Line offers confidential support to people living with cancer and their loved ones. If you are worried about money, work or treatment, or you just want to speak about whatever matters to you, they will listen and support you.

[Tel- Call the free MacMillian Support Line on 0808 808 00 00](tel:08088080000)

[\(open 7 days a week, 8am to 8pm. Opening times may vary for different specialist teams\).](#)

Citizens Advice Bury Macmillan Welfare Benefits Service

They can advise on and support with: Income Maximisation; challenging benefit decisions; completing benefit forms; applying for MacMillian Grants and Blue Badges; assistance and referrals for other issues including: Money advice; energy; housing; immigration and community care.

[In person drop-in Tuesdays 10am-3pm at First Floor, Castle Buildings, 5-10 Market Place, Bury, BL9](#)

[OND](#)

[Freephone Adviceline 10am – 4pm 0808 278 7804](#)

[Online Referral - https://www.cabb.org.uk/make-a-referral/](https://www.cabb.org.uk/make-a-referral/)

[Video drop-in Wednesdays 1pm-3.30pm available via the website https://www.cabb.org.uk/video-advice/](https://www.cabb.org.uk/video-advice/)

Helping Hands

Every Thursday patients can engage with people and experts to help them with financial advice, health advice and much more.

Helping Hands!

**Helping you manage your health
and wellbeing**

**Come along and join us every Thursday
10:30am - 12:30pm from 29 June 2023 at
The Croft, St Hilda's Church, Whittaker
Lane, Prestwich (entrance is at the side
of the church not through the church)**

