



Age Friendly
Wythenshawe

NEWSLETTER

JUNE 2024

IT'S SUMMER, WHY NOT VISIT WYTHENSHAWE PARK?



While in the park there are lots of activities and places to visit including Wythenshawe Hall, which has monthly open days, Wythenshawe Community Farm, riding school, beekeeping club, horticultural centre and glass-houses full of exotic plants, birds, and Koi Carp. Not forgetting the large cacti collection and a special fairy glen for the small people.

Plus the Courtyard café which is awaiting a new operator, tennis courts, children play area, outdoor gym, football, baseball, athletics, cycling including a club for cyclists with additional needs, junior pump track and miles of woodland walking and cycle tracks.

Wythenshawe Park Bee Club

Open every Saturday from
9.30am.

During warmer weather, visitors are welcome to watch the bee hives being opened and learn more about beekeeping and honey extraction.



A typical WEDNESDAY in the park.

For further information, most partners/ organisations have websites and are on Facebook

- Simply Cycling 9am to 12noon.
- Athletics track
- Wythenshawe Weightlifting Club 5.30pm to 7.30pm
- Sale Harriers main club training night 6pm to 8pm
- Blossom volunteering. Horticultural Centre 12-4PM
- Blossom Community Greenhouses. Open 12-4PM
- Health Walks with the Parks Team. 1.30-3PM.
- Meet Entrance to Hort Centre
- South Manchester Nordic Walking. 1-2PM
- Walking Mum's Club. 11.15AM-12PM.
- Meet outside the entrance of Wythenshawe Park Carpark



WYTHENSHAWE HALL
Open Days 2024
11-4pm

February 25th
 March 31st
 April 21st
 May 19th
 June 30th
 July 21st
 August (tbc)
 September 29th
 October 27th
 November 24th
 December 15th

£2
Entrance
fee
(cash only)

Under
10's go
Free

Please see our Social Media for information on monthly themes
 Facebook: Friends of Wythenshawe Hall
 Twitter (X): @WythenshaweHall

MRS BEETON'S COOKERY

ENGLISH SALAD

Mix together 1 shredded lettuce, a small bunch of watercress, half a handful of mustard and cress, a small bunch of radishes sliced, and a few spring onions finely sliced.

Add a little sugar and a seasoning of salt and pepper to equal parts of the salad-oil and vinegar. Pour over the salad and serve garnished with sliced tomato.



Sustainable SOCIAL SEWING

COMING SOON

Join us for FREE interactive fun Sewing Sessions:

- Learn how to SEW using a sewing machine.
- Upcycle and Re-fashion your old clothes.
- Alterations and repairs of own clothes.
- Make new friends, interact and socialize.
- Have fun and enjoy a great time.

Starting in JUNE.
Every Thursday.
Time: 10am – 12 noon.
Venue: The Dandelion Community.

All levels of sewing
are welcome!



For more details and registration, contact:

* Philip.Tomlinson@manchester.gov.uk (Phil)

* info@kennysglobalinks.com *07306239461 (Kenny)

* dandelion.hub.coordinator@nwsynod.org.uk *01614374392 (Lyn)



CRAFT & CUPPA GROUP

Go along and get crafty or just enjoy a cuppa and a chat... just £1 per person.

Thursday 12.30 to 2.30pm

Benchill Community Centre

Benchill Road, Wythenshawe M22 8EJ

Tel: 0161 956 9520 // email: bcc@wchg.org.uk

WYTHENSHAW HALL
Sunday 30th June 2024
Open 11-4pm

£3
Entrance
fee
(cash only)

Under
10's
Free



SILVER SCHOOL OF ARMS

Historical European Combat display in front of the Hall.
 Featuring authentic historical moves and historically accurate costumes.

(Weather dependent - Rain may stop play)

Weapons handling in the Tenant's Hall.

We reserve the right to refuse admission.






OVER 50'S MONDAY MORNING CLUB

at Benchill Community Centre

Every Monday
10am until 12pm

Come along for a
hot drink, bingo
and a natter



Benchill Community Centre, Benchill Rd, M22 8EJ
 0161 946 9520 BCC@wchg.org.uk

Free Parking available or
103 bus stops just outside





LOADS OF NEW
ACTIVITIES TO TRY

FREE SPORT & ACTIVITIES IN THE PARK THIS SUMMER!

WYTHENSHAW GAMES
IS BACK! WITH TWO
FUN-FILLED,
ACTION-PACKED
WEEKENDS

WYTHENSHAW PARK 26-28 JULY 2024
 HOLLYHEDGE PARK 9-11 AUGUST 2024

FORUM MANCHESTER MCRActive



SATURDAY 22 JUNE 2024 AT 07:30

Gerry Colvin - Live

Public · Event by Andrew Foulkes and Northenden
 Players Theatre Club

Newsletter contact:

Email:
fredleatherbarrow@yahoo.co.uk



THRIVE MANCHESTER WALKS

Join us for a friendly, leisurely walk in our local community. Our urban walks take place around local green spaces and are a great way to boost your physical and mental wellbeing. All walks last 45 minutes to 1 hour.

TUESDAY, WYTHENSHAW PARK - 11 AM

This walk is open to women and non-binary people.

Meet outside BOXX2BOXX Coffee
M22 4JS



WEDNESDAY, NORTHENDEN - 11 AM

Meet outside BOXX2BOXX
Coffee
M22 4JS



THURSDAY, WYTHENSHAW - 10 AM

Meet outside The Forum Centre
(back entrance near the bus
station)
M22 5RX



FRIDAY, WOODHOUSE PARK - 11 AM

Meet outside Woodhouse Park
Lifestyle Centre
M22 1QW



**For more information contact Chantel at: chantel@thrivemanchester.org.uk
Phone/text 07859 832533**



Thrive Manchester is a registered charity in England and Wales 1183084