



Age Friendly
Wythenshawe

NEWSLETTER

MAY 2024

Well summer is coming but while we are waiting the
EASTER BUNNY

As been around giving out sweet bags, easter eggs and sweet cones
To children nurseries, Wythenshawe cricket club, Tree of life centre and Wythenshawe Hall
In total over 350



Wythenshawe Hall put on Alice in Wonderland

With the White Rabbit and friends



THE FRIENDS OF WYTHENSHAWE HALL

Had the pleasure of saying thank you to the fire service for the fantastic operation in controlling the fire that took place in 2016. Their expertise saved a great part of the hall and to this we thank you.

So today we were able to show the teams from blue watch Altrincham and Wythenshawe around the hall and show them the parts that was damaged and the work that had to be carried out to restore parts of the hall.



MRS BEETON'S COOKERY

KEBOBS

Mince 1 lb of tinned meat finely.

Stir in 1 medium-sized onion finely chopped, A dessertspoonful of curry powder. Pepper and salt to taste, and a egg. Form into small balls or flat cakes, roll lightly in flour and fry in hot dripping until nicely browned. Plainly-boiled rice and chutney usually accompany this dish.



Advice from Mrs Beeton

Never leave food in a sick-room. If the patient cannot eat it, take it away out of the room and bring it back again after a due interval.



A great reunion today of cricket players from 40 to 50 years ago that played for area electricity cricket team down Ford lane in Northenden. It was great to be able to get together and go over old times and also have a toast to the players that are not with us any longer. Hears to meeting up again later this year.




The exhibition traces the story of Wythenshawe during the twentieth century. It tells of the critical role played by Ernest and Shena Simon, the philanthropists who bought and donated Wythenshawe Hall to the people of Manchester and changed Wythenshawe from a humble collection of small villages into Manchester's Garden City.

**The exhibition is open to view In the Tenant's Hall
from 11am to 4pm (last entry at 3.30pm)**

John Ayshford from The University of Manchester will give a fascinating talk about the exhibition at 12 noon and again at 2pm.

The doors to the Tenant's Hall will be closed for the duration of the talk, lasting approximately 30 minutes, so please ensure you are seated in time for either the 12 noon or 2 o'clock session.

**Sunday 19th May
11am to 4pm
£3 Entrance fee
under 10's free**



WYTHENSHAWE RENEGADES WFC

Sessions

Monday - 8pm-9pm
Walking Football

Tuesday - 11am-12pm
Badminton

Wednesday - 11am-12pm
Walking Football

ALL HOSTED AT WOODHOUSE
PARK LIFESTYLE CENTRE
PORTWAY ROAD
M22 1QW

TONE AND TRIM FOR THE COMMUNITY

FB:TONE AND TRIM THE COMMUNITY GYM

FRIENDLY ATMOSPHERE

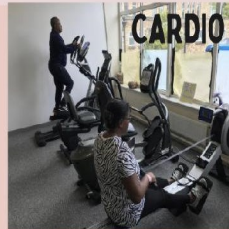


HEALTH AND
WELL-BEING



PAY AS YOU GO AND
MONTHLY MEMBERSHIP
AVAILABLE

FOR PEOPLE WITH
ALL ABILITIES



POWER ASSISTED
EQUIPMENT

ASSISTED EXERCISE



DANDELION
COMMUNITY
M22 1AH

TO BOOK YOUR PLACE EMAIL:
janicejwilson@hotmail.co.uk



EVENT AT NORTHENDEN GROUP PRACTICE

The event was to enable patients to access the
N.H.S. APP

With the help of Virgin Media O2 Business team

Supporting the event we had Carers south,
Bee Well, Citizens advise, South Manchester
support team. Age friendly Wythenshawe.

Plus the chance to talk to the staff at the surgery

A great day and they are having another one on

THURSDAY 13th JUNE

Newsletter contact: fredleatherbarrow@yahoo.co.uk



Wythenshawe Good Neighbours needs you!
We are recruiting for Volunteer Drivers*.

- Flexible commitment.
- Expenses paid (45p per mile).
- Training & support.
- Twice yearly Volunteer Celebrations.
- Monthly Prize Draw.
- Professional references.
- Further training opportunities e.g. First Aid.



VOLUNTEER DRIVERS NEEDED

Support your local community, gain valuable skills, and enjoy a social volunteer experience!

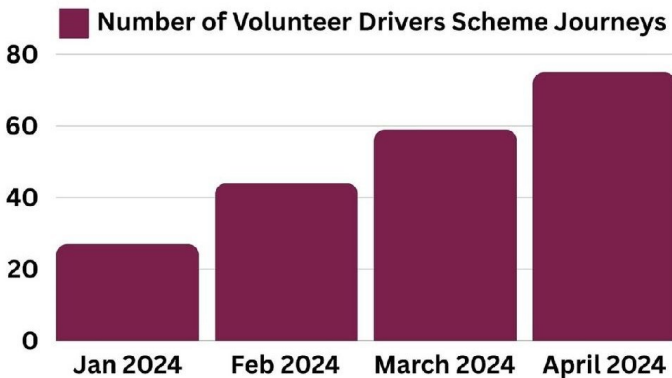
*Volunteer Drivers are subject to a DBS check, MOT, vehicle tax and insurance check prior to volunteering.

Please call the WGN Team on 0161 905 3898 for more information.



Volunteer Drivers needed

Wythenshawe Good Neighbours needs you (and your car!)



Can you support WGN to continue growing its Volunteer Drivers Scheme by becoming a

Volunteer Driver?



FREE DIGITAL SESSIONS

Do you need help using and understanding your Phone or Digital Equipment?



Our students aka 'Strawberry Assistants' will be on hand throughout the sessions to provide any extra IT support and help answer your questions!

Join us at the Strawberry Fox Café at Pioneer House High School for a hot drink and a digital awareness session!

Equans will be delivering their Digital Deep Dive Programme on Friday mornings to help you understand the ever changing digital world.



DIGIFOX

Please contact Pioneer House High School on 0161 241 8100 or visit reception to find out more information

Assistants' will be on hand throughout the sessions to provide any extra IT support and help answer your questions!



DIGIFOX

Please contact Pioneer House High School on 0161 241 8100 or visit reception to find out more information and book onto the sessions.

Pioneer House High School, 200 Yewtree Lane, Manchester, M23 0FF

What will be covered?

- Using a Device and Device Tips & Tricks
- Digital Communication
- Introduction to Online Safety
- Online Shopping & Bills
- Managing Finances Online
- Ad Hoc Drop In Support



If you have your own digital device, we encourage you to bring them along so we can help you build your confidence using them.